

2009 MIAC Men's Outdoor Honor Rolls

Final list posted June 1, 2009. Includes complete results of MIAC Championships.

"*" indicates event not run at MIAC Championships, but which can qualify an athlete. "C" indicates Converted time. Original times also listed.

Click on the "event" links to move about the results. Use the Find option of your browser to find someone's name or team.

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100 METER DASH

=====	NCAA Automatic	10.55	
James Ewer	Sr St. Thomas	10.73[+2.4w]	5/8-9 MIAC Championship
Nick Ward	So Augsburg	10.74[+4.0w]	5/2 Meet of the UnSaint
Joe DeFrance	Sr St. Thomas	10.75	5/2 UMD Triangular
Sam Moen	Jr St. Thomas	10.77[+2.4w]	5/8-9 MIAC Championship
=====	NCAA Provisional	10.78	
Pat Jager	Jr St. Thomas	10.83	5/2 UMD Triangular
Joel Quick	Jr Bethel	10.90[+2.1w]	5/8-9 MIAC Championship
Dan Monroe	Jr St. Olaf	10.92[+3.3w]	5/8-9 MIAC Championship
Nick Cesarek	Sr Carleton	10.93[+2.4w]	5/8-9 MIAC Championship
Chris Bradford	Jr St. Thomas	10.93	5/2 UMD Triangular
Kevin Williams	Sr Macalester	10.95[+4.0w]	5/2 Unsaintly Meet
10			
Matt Dvorak	Fr Gustavus	10.96[+2.4w]	5/8-9 MIAC Championship
Xavier Carroll	Jr Concordia Moorhead	10.97[+2.4w]	5/8-9 MIAC Championship
Colby Citrowske	So Gustavus	10.99[+3.3w]	5/8-9 MIAC Championship
Phil Bastron	Sr St. Thomas	10.99[+2.1w]	5/8-9 MIAC Championship
Drew Goede	Sr Saint John's	11.11[+4.2w]	4/25 Hillsdale GINA Rel
Kyle Hamblett	So Macalester	11.12[+3.2w]	5/2 Unsaintly Meet
D J. Wendell	Sr Augsburg	11.16[+3.3w]	5/8-9 MIAC Championship
Dan Holmgren	So Hamline	11.18[+2.4w]	5/8-9 MIAC Championship
Ryan Sunderlund	So Hamline	11.18	5/2 Unsaintly
Brent Nelson	Jr Hamline	11.18	4/17 Tom Cat Twilight
20			
Nick Murray	So Saint John's	11.20[+3.3w]	5/8-9 MIAC Championship
Christian Swanberg	So Hamline	11.21	4/22 Bolstorff Twilight
Josh Wallert	Jr Saint John's	11.24[+2.1w]	5/8-9 MIAC Championship
Zach Dahl	Jr Bethel	11.25	3/21 PNLU
Rick Wolke	Fr Augsburg	11.28[+2.1w]	5/8-9 MIAC Championship
Chris Phillips	Fr Saint John's	11.29[+2.4w]	5/8-9 MIAC Championship
James Strand	Jr Augsburg	11.30[+3.2w]	5/2 Meet of the UnSaint
Nate Tlougan	Fr Bethel	11.31[+2.4w]	5/8-9 MIAC Championship
Jeremy Crowley	Sr Saint John's	11.41	5/15 North Central Greg
Caleb Schwecke	Jr Saint John's	11.42[+1.2w]	4/22 Bolstorff Twilight
30			
Shaun Kober	So Saint John's	11.44[+2.1w]	5/8-9 MIAC Championship
Jeff Bakke	Jr Concordia Moorhead	11.45[+0.6w]	4/30 MIAC Decathlon
Tony Reed	Jr Gustavus	11.45[+5.1w]	5/2 Meet of the UnSaint
Ryan Sunderland	So Hamline	11.46	4/22 Bolstorff Twilight
=====	Last 2008 qualifier	11.46	
Brayden Wagner	Sr Saint John's	11.49	5/21 NCAA Championships
Luke Hvidston	So Concordia Moorhead	11.49[+2.8w]	4/18 UM-Morris Invite
Matt Kenutis	So Bethel	11.50	3/21 PNLU
Josh Allen	Fr Bethel	11.54	4/18 Carleton Relays
DeAndre Dennis	Fr Augsburg	11.55	3/14 SCIAC Top 4 Meet
Troy Clintsman	So Saint John's	11.59	4/26 Saint John's Invit
40			
Tyson Molitor	So Hamline	11.61	4/10 Lee Krough Invite
Thomas Engrav	Sr St. Thomas	11.62	5/2 UMD Triangular
Jackson Mboma	Fr Augsburg	11.62[+3.2w]	5/2 Meet of the UnSaint
Martin Andersson	Jr Macalester	11.62	4/18 Carleton Relays
Tom Marti	Sr St. Olaf	11.62[+0.6w]	4/18 Carleton Relays
Isaac Tut	So St. Olaf	11.63	4/28 Rolex Classic
Dave Schutt	So Gustavus	11.63	4/18 Carleton Relays
David Beery	Fr Concordia Moorhead	11.65	4/26 St. John's Invite
Zach Bork	Fr St. Thomas	11.65[+1.0w]	4/9 Meet of Saints
Chris Fiset	Sr Saint Mary's	11.66[+0.9w]	4/22 Macalester Twiligh
50			
John Kelly	So Saint Mary's	11.66[+0.4w]	4/17 Phil Esten Challen
Erik Johnson	So Macalester	11.67[+5.1w]	5/2 Unsaintly Meet
Evan Taylor	Fr Gustavus	11.67[+5.1w]	5/2 Meet of the UnSaint
Paul Shol	Sr Concordia Moorhead	11.67[+2.9w]	4/22 Drake Decathlon

Chris Bergstrom	Sr Saint John's	11.67[+1.9w]	4/9 Meet of Saints
Rob Floren	Fr Saint John's	11.69[+1.9w]	4/9 Meet of Saints
Ryan Doyle	Sr St. Olaf	11.70	4/30 MIAC Decathlon
Mike Bollin	Jr Gustavus	11.70[+3.2w]	5/2 Meet of the UnSaint
Travis Sargent	Fr Saint John's	11.70	4/26 Saint John's Invit
Tom Mammen	Fr Concordia Moorhead	11.70[+2.8w]	4/18 UM-Morris
60			
Josiah Ryks	Jr Saint Mary's	11.71	4/4 Falcon Invitational
Thomas Flynn	Sr Concordia Moorhead	11.72[-1.0w]	5/2 Masanz Classic
Paul Westmark	Sr Concordia Moorhead	11.72[+2.9w]	4/22 Drake Decathlon
Joe Knoblauch	Fr Saint John's	11.72[+0.3w]	3/28 SJU Invitational
Marly Simmons	Jr Concordia Moorhead	11.75[+2.1w]	5/12 Gregory Invite
Jeremy Sunderland	Jr Hamline	11.76	4/22 Bolstorff Twilight
Jason Sather	Jr Concordia Moorhead	11.78[-1.8w]	5/2 Masanz Classic
Justin Horner	So St. Thomas	11.80[-1.7w]	4/25 Drake Alternative
Aaron Stolte	Fr Saint John's	11.80[+1.9w]	4/18 UMD Invitational
Wylie Cephas	Fr Hamline	11.81	4/18 Carleton Relays
70			
Wayne Felton	Fr Gustavus	11.82	4/18 Carleton Relays
Ryan Wockenfus	So Saint Mary's	11.83[+1.8w]	4/17 Phil Esten Challen
David Rynda	Sr Saint John's	11.85	4/30 MIAC Decathlon
Cory Kober	So Saint John's	11.86[+1.7w]	4/22 Bolstorff Twilight
David Nestrud	Jr Augsburg	11.86	3/14 SCIAC Top 4 Meet
Steven Holley	So Carleton	11.88[+0.6w]	4/18 Carleton Relays
Ben Loonan	Sr Saint John's	11.89	4/30 MIAC Decathlon
Dan Maxbauer	So Saint John's	11.89	4/30 MIAC Decathlon
Peter Johnson	Fr St. Olaf	11.90	5/2 Meet of the UnSaint
Emmanuel Livingstone	So Saint John's	11.91[+0.0w]	4/4 Hamline Invitationa
80			
Cody Harvey	So Saint Mary's	11.92	4/17 Phil Esten Challen
Trevor Davis	Fr Hamline	11.94	5/2 Unsaintly
Dan Thorson	Fr Concordia Moorhead	11.94[+2.8w]	4/18 UM-Morris
Nick Hutchinson	Jr Hamline	11.94	4/10 Lee Krough Invite
Ryan Maciej	Jr St. Thomas	11.95	4/30 MIAC Decathlon
Carl Stenoien	So Gustavus	11.96	5/1 MIAC Decathlon
Jake Kurczek	Sr St. Olaf	12.00	4/28 Rolex Classic
Ty Martin	So Carleton	12.00[+0.6w]	4/18 Carleton Relays
Shane Pantila	So Augsburg	12.03	4/4 Hamline Invitationa
Tanner Anderson	Fr Concordia Moorhead	12.04[-0.6w]	4/22 Cobber Twilight
90			
Chris Hartman	Sr Saint John's	12.04	4/13 SJU Decathlon
Peter Heiligenthal	Fr Bethel	12.09	4/18 Carleton Relays
David Johnson	Fr Gustavus	12.10[+5.1w]	5/2 Meet of the UnSaint
Nik Hawley	Fr Hamline	12.11	4/4 Hamline Invitationa
Matt Johnson	Fr St. Olaf	12.26	4/30 MIAC Decathlon
Tim Erkel	So Macalester	12.26	4/18 Carleton Relays
Tim Sheedy	So Saint Mary's	12.26	4/17 Phil Esten Challen
Seth Norberg	Fr Augsburg	12.28	4/4 Hamline Invitationa
Calvin Miller	So Concordia Moorhead	12.30[-0.6w]	4/22 Cobber Twilight
Dan Cannon	Fr Bethel	12.31	4/18 Carleton Relays
100			
Dylan Bothun	So Carleton	12.32	4/4 Hamline Invite
Ben Millmann	Sr St. Thomas	12.36	4/22 Macalester Twiligh
Emmanuel Marcellino	Fr Augsburg	12.36	4/4 Hamline Invitationa
Robbie Lloyd	Jr Saint Mary's	12.41	4/22 Macalester Twiligh
Amechi Ochiagha	So Augsburg	12.42	4/4 Hamline Invitationa
Tyler Wadsworth	So St. Olaf	12.43[+2.5w]	4/18 Carleton Relays
Joe Holman	Sr Saint Mary's	12.44	4/22 Macalester Twiligh
Felix Okoth	Fr Concordia Moorhead	12.44[-2.1w]	4/10 Gustavus
John Olsen	So Bethel	12.53[+2.0w]	4/22 Bolstorff Twilight
Dan Sorensen	Fr Macalester	12.54[+5.1w]	5/2 Unsaintly Meet
110			
Jordan VanDorp	Jr Gustavus	12.64	4/4 Central Invite
Kwame Gayle	So Macalester	12.74	4/22 Bolstorff Twilight
Eric Bjorklund	Jr Bethel	12.81[-2.3w]	4/10 Lee Krough Invitat
Gautam Mani	Jr Macalester	13.45[+5.1w]	5/2 Unsaintly Meet
114 entrants			

200 METER DASH

=====	NCAA Automatic	21.31	
Joe DeFrance	Sr St. Thomas	21.63[+1.4w]	5/8-9 MIAC Championship
Pat Jager	Jr St. Thomas	21.66	5/2 UMD Triangular
=====	NCAA Provisional	21.80	
Brent Nelson	Jr Hamline	21.87	5/2 Unsaintly
Dan Monroe	Jr St. Olaf	21.92[+0.5w]	5/8-9 MIAC Championship
James Ewer	Sr St. Thomas	21.96	5/2 UMD Triangular
Eric Rhode	Jr Bethel	21.97[+0.7w]	5/2 Dakota Relays
Cole Carlson	Jr Gustavus	22.14[+0.5w]	5/8-9 MIAC Championship
Andy Marnach	Jr Hamline	22.18	5/2 Unsaintly
Joel Quick	Jr Bethel	22.19[+0.7w]	5/2 Dakota Relays
Phil Bastron	Sr St. Thomas	22.25[+1.7w]	4/9 Meet of Saints
10			
Nick Cesarek	Sr Carleton	22.32[+0.5w]	5/8-9 MIAC Championship
Mark Stockhowe	So Bethel	22.34[+2.5w]	5/8-9 MIAC Championship
Matt Leeb	So Gustavus	22.35[+3.6w]	5/2 Meet of the UnSaint
Tyson Molitor	So Hamline	22.41	5/2 Unsaintly
Zach Dahl	Jr Bethel	22.41	4/18 Carleton Relays
Kevin Williams	Sr Macalester	22.42[+2.4w]	5/2 Unsaintly Meet
Colby Citrowske	So Gustavus	22.44	4/18 Carleton Relays
Sam Moen	Jr St. Thomas	22.49[+0.5w]	5/8-9 MIAC Championship
Kyle Hamblett	So Macalester	22.49[+3.6w]	5/2 Unsaintly Meet
Nick Ward	So Augsburg	22.51[+2.4w]	5/2 Meet of the UnSaint
20			
Jordan Spronk	Fr Bethel	22.54[+1.1w]	5/2 Dakota Relays
Ryan Sunderlund	So Hamline	22.61	5/2 Unsaintly
Drew Goede	Sr Saint John's	22.61[+1.9w]	4/25 Hillsdale GINA Rel
Matt Dvorak	Fr Gustavus	22.61	4/18 Carleton Relays
Tyler Geyen	Sr Gustavus	22.61	4/18 Carleton Relays
Joe Rohlfing	Jr St. Thomas	22.61[+0.6w]	3/21 Spring Break Colle
Dan Holmgren	So Hamline	22.66	5/2 Unsaintly
Jeremy Crowley	Sr Saint John's	22.70[+3.6w]	4/18 UMD Invitational
Caleb Schweske	Jr Saint John's	22.74[+3.6w]	4/18 UMD Invitational
Christian Swanberg	So Hamline	22.76	4/17 Tom Cat Twilight
30			
Rick Wolke	Fr Augsburg	22.78[+2.4w]	5/2 Meet of the UnSaint
Matt Griswold	So St. Thomas	22.80[+0.7w]	4/22 Bolstorff Twilight
Josh Wallert	Jr Saint John's	22.82	5/15 North Central Greg
Isaac Tut	So St. Olaf	22.82[+0.8w]	4/22 Bolstorff Twilight
Chris Phillips	Fr Saint John's	22.83[+0.0w]	4/4 Hamline Invitationa
Nick Murray	So Saint John's	22.85	5/15 North Central Greg
Nate Tlougan	Fr Bethel	22.93	3/21 PNLU
Joe Arnold	Fr Augsburg	22.95	5/2 Meet of the UnSaint
Luke Sames	Fr St. Thomas	22.95[+0.2w]	3/21 Spring Break Colle
Dave Schutt	So Gustavus	22.99[+6.1w]	5/2 Meet of the UnSaint
40			
David Beery	Fr Concordia Moorhead	23.01	4/26 St. John's Invite
Tony Reed	Jr Gustavus	23.02[+6.1w]	5/2 Meet of the UnSaint
Xavier Carroll	Jr Concordia Moorhead	23.02[+1.3w]	4/22 Cobber Twilight
Tom Mammen	Fr Concordia Moorhead	23.09[+1.3w]	5/2 Masanz Classic
Chris Bradford	Jr St. Thomas	23.10[+1.6w]	4/17 Tom Cat Twilight
Ben Kitt	Sr Saint John's	23.14[+0.8w]	4/22 Bolstorff Twilight
Matt Kenutis	So Bethel	23.14	3/21 PNLU
Jason Sather	Jr Concordia Moorhead	23.19[+2.7w]	4/22 Cobber Twilight
DeAndre Dennis	Fr Augsburg	23.19	3/14 SCIAC Top 4 Meet
Jack Delehanty	Sr Carleton	23.22[-0.6w]	4/28 Rolex Classic
50			
Josiah Ryks	Jr Saint Mary's	23.22	4/17 Phil Esten Challen
Chris Fisette	Sr Saint Mary's	23.23[+0.8w]	4/22 Macalester Twiligh
Jackson Mboma	Fr Augsburg	23.36	4/17 Tom Cat Twilight
Andrew Yokom	Sr Macalester	23.45	4/4 Hamline Invite
Shaun Kober	So Saint John's	23.47	4/18 UMD Invitational
Jeremy Sunderland	Jr Hamline	23.49	5/2 Unsaintly
John Kelly	So Saint Mary's	23.49	4/17 Phil Esten Challen

=====	Last 2008 qualifier	23.52	
Martin Andersson	Jr Macalester	23.53	4/4 Hamline Invite
Luke Hvidston	So Concordia Moorhead	23.55[-1.1w]	5/2 Masanz Classic
Tom Marti	Sr St. Olaf	23.58[+2.7w]	4/18 Carleton Relays
60			
Jeff Bakke	Jr Concordia Moorhead	23.60	4/26 St. John's Invite
Mike Tews	Fr Gustavus	23.63[+4.2w]	5/2 Meet of the UnSaint
Shane Pantila	So Augsburg	23.65	5/2 Meet of the UnSaint
Troy Clintzman	So Saint John's	23.68	4/26 Saint John's Invit
D J. Wendell	Sr Augsburg	23.69	3/14 SCIAC Top 4 Meet
Travis Sargent	Fr Saint John's	23.72	4/26 Saint John's Invit
Tyler Etheridge	Jr Saint John's	23.72[+0.5w]	4/22 Bolstorff Twilight
Michael Sanders	Jr Carleton	23.74[-0.6w]	4/28 Rolex Classic
Steven Holley	So Carleton	23.75[+0.9w]	4/18 Carleton Relays
Ty Martin	So Carleton	23.80[+3.7w]	3/20 Walt Disney Invite
70			
Brandon Kasper	Fr Saint John's	23.81[+1.2w]	4/22 Bolstorff Twilight
Justin Jurek	So Saint John's	23.83	4/26 Saint John's Invit
Thomas Engrav	Sr St. Thomas	23.96[+1.2w]	4/22 Bolstorff Twilight
Logan Schwinghammer	Fr Saint John's	23.97[+3.4w]	4/9 Meet of Saints
David Bernardy	Jr Saint John's	24.01	4/26 Saint John's Invit
Tanner Anderson	Fr Concordia Moorhead	24.01[+1.3w]	4/22 Cobber Twilight
Emmanuel Livingstone	So Saint John's	24.01[+2.8w]	4/9 Meet of Saints
Aaron Stolte	Fr Saint John's	24.16[+3.0w]	4/18 UMD Invitational
Ryan Wockenfus	So Saint Mary's	24.16	4/4 Falcon Invitational
Jake Kurczek	Sr St. Olaf	24.19[+1.2w]	4/22 Bolstorff Twilight
80			
Mike Bollin	Jr Gustavus	24.20[-2.1w]	4/25 Drake Alternative
Felix Okoth	Fr Concordia Moorhead	24.27	4/26 St. John's Invite
Trevor Davis	Fr Hamline	24.30	5/2 Unsaintly
Chris Bergstrom	Sr Saint John's	24.32[-1.1w]	5/2 MSU Moorhead Ron Ma
Jason Ek	Fr Gustavus	24.35[+3.8w]	5/2 Meet of the UnSaint
Peter Johnson	Fr St. Olaf	24.36	4/9 Meet of Saints
Corey Nelson	Fr Concordia Moorhead	24.38[+1.3w]	4/22 Cobber Twilight
Evan Taylor	Fr Gustavus	24.39[-2.1w]	4/25 Drake Alternative
Calvin Miller	So Concordia Moorhead	24.41[+1.3w]	4/22 Cobber Twilight
Mark Scheer	Jr Gustavus	24.42[+4.2w]	5/2 Meet of the UnSaint
90			
John Thompson	Fr Saint John's	24.42[+3.4w]	4/9 Meet of Saints
Amechi Ochiagha	So Augsburg	24.42	3/14 SCIAC Top 4 Meet
David Rynda	Sr Saint John's	24.50[-0.5w]	4/4 Hamline Invitationa
Tim Erkel	So Macalester	24.51[+4.2w]	5/2 Unsaintly Meet
David Nestrud	Jr Augsburg	24.52	4/4 Hamline Invitationa
Jon Raberg	Fr Carleton	24.57[-0.1w]	4/28 Rolex Classic
Erik Johnson	So Macalester	24.57	4/22 Bolstorff Twilight
Tom Rixen	Fr Augsburg	24.59	5/2 Meet of the UnSaint
Paul Ranum	So St. Olaf	24.67	4/28 Rolex Classic
Peter Heiligenthal	Fr Bethel	24.81	4/18 Carleton Relays
100			
Andrew Zabel	Fr Bethel	24.83[+0.7w]	4/22 Bolstorff Twilight
Tor Sperling	So Augsburg	24.97	4/4 Hamline Invitationa
David Johnson	Fr Gustavus	25.15[-2.4w]	4/25 Drake Alternative
Emmanuel Marcellino	Fr Augsburg	25.27	3/14 SCIAC Top 4 Meet
Dan Cannon	Fr Bethel	25.28[+0.7w]	4/22 Bolstorff Twilight
Tyler Wadsworth	So St. Olaf	25.28[+2.5w]	4/4 UWRF Invitational
Seth Norberg	Fr Augsburg	25.33	3/14 SCIAC Top 4 Meet
John Olsen	So Bethel	25.37[+0.7w]	4/22 Bolstorff Twilight
Colin Hutter	Fr St. Olaf	25.67	4/28 Rolex Classic
Kwame Gayle	So Macalester	26.14	4/22 Bolstorff Twilight
110			
Dan Sorensen	Fr Macalester	26.37	4/18 Carleton Relays
Dan Sorenson	Fr Macalester	26.54[+0.0w]	4/4 Hamline Invite
Aaron Rodriguez	Fr St. Thomas	27.05	4/4 Wartburg Select Mee
Gautam Mani	Jr Macalester	28.07[+3.8w]	5/2 Unsaintly Meet
114 entrants			

400 METER DASH

=====	NCAA Automatic	47.40	
Pat Jager	Jr St. Thomas	47.77	4/17 Tom Cat Twilight
Cole Carlson	Jr Gustavus	48.03	5/8-9 MIAC Championship
Eric Rhode	Jr Bethel	48.38	3/21 PNLU
=====	NCAA Provisional	48.50	
Brent Nelson	Jr Hamline	48.62	5/8-9 MIAC Championship
Isaac Tut	So St. Olaf	48.88	4/22 Bolstorff Twilight
Tyson Molitor	So Hamline	49.12	4/22 Bolstorff Twilight
Zach Schlegel	So Bethel	49.55	5/8-9 MIAC Championship
Andy Marnach	Jr Hamline	49.80	5/8-9 MIAC Championship
Tom Ballinger	Sr Carleton	49.86	3/20 Walt Disney Invite
Dan Monroe	Jr St. Olaf	49.93	4/10 Lee Krough Invitat
10			
Luke Sames	Fr St. Thomas	49.94	3/21 Spring Break Colle
Nick Cesarek	Sr Carleton	50.12	4/28 Rolex Classic
Joe Rohlfing	Jr St. Thomas	50.19	4/4 Wartburg Select Mee
Phil Bastron	Sr St. Thomas	50.23	4/4 Wartburg Select Mee
Tyler Etheridge	Jr Saint John's	50.28	5/2 MSU Moorhead Ron Ma
Caleb Schwecke	Jr Saint John's	50.31	5/2 MSU Moorhead Ron Ma
Jack Delehanty	Sr Carleton	50.44	4/28 Rolex Classic
Josiah Ryks	Jr Saint Mary's	50.44	4/10 Lee Krough Invitat
James Strand	Jr Augsburg	50.45	3/14 SCIAC Top 4 Meet
Mark Stockhowe	So Bethel	50.46	4/22 Bolstorff Twilight
20			
James Ewer	Sr St. Thomas	50.46	4/9 Meet of Saints
Paul Westmark	Sr Concordia Moorhead	50.59	5/12 Gregory Invite
Justin Jurek	So Saint John's	50.59	5/2 MSU Moorhead Ron Ma
Ben Yorkovich	Fr St. Thomas	50.75	4/25 Drake Alternative
Joe Arnold	Fr Augsburg	50.76	5/8-9 MIAC Championship
Brayden Wagner	Sr Saint John's	50.80	5/21 NCAA Championships
Michael Sanders	Jr Carleton	50.81	4/28 Rolex Classic
Ryan Doyle	Sr St. Olaf	50.82	4/30 MIAC Decathlon
Matt Leeb	So Gustavus	50.82	4/10 Lee Krough Invitat
Martin Andersson	Jr Macalester	50.92	5/8-9 MIAC Championship
30			
Mitch Gesell	Sr Saint John's	50.98	4/18 UMD Invitational
Max Hanson	Jr Gustavus	50.99	5/2 Meet of the UnSaint
Carson Smith	So Gustavus	51.00	4/10 Lee Krough Invitat
Cullen O'Neill	Sr St. Olaf	51.07	4/28 Rolex Classic
Christian Swanberg	So Hamline	51.10	4/18 Carleton Relays
Ben Kitt	Sr Saint John's	51.12	4/4 Hamline Invitationa
Tom Hoffman	So Saint John's	51.15	3/28 SJU Invitational
Andrew Yokom	Sr Macalester	51.26	4/4 Hamline Invite
Rick Wolke	Fr Augsburg	51.28	4/10 Lee Krough Invitat
Matt Neufeld	So Bethel	51.35	4/18 Carleton Relays
40			
Michael Dunn	So Concordia Moorhead	51.38	4/26 St. John's Invite
Paul Shol	Sr Concordia Moorhead	51.42	4/30 MIAC Decathlon
Jeremy Crowley	Sr Saint John's	51.46	5/8-9 MIAC Championship
Steven Strom	Sr Bethel	52.09	4/22 Bolstorff Twilight
Brant Luehman	Sr Hamline	52.20	4/18 Carleton Relays
Kyle Hamblett	So Macalester	52.21	4/10 Lee Krough Invite
Chris Hartman	Sr Saint John's	52.30	4/13 SJU Decathlon
Tony Hanf	Sr Bethel	52.38	4/22 Bolstorff Twilight
Jake Kurczek	Sr St. Olaf	52.43	4/25 GAC Drake Alternat
Dennis Meints	So Bethel	52.49	4/18 Carleton Relays
50			
Paul Ranum	So St. Olaf	52.65	4/28 Rolex Classic
Brandon Kasper	Fr Saint John's	52.70	5/8-9 MIAC Championship
Justin Lund	So Gustavus	52.77	4/10 Lee Krough Invitat
Travis Sargent	Fr Saint John's	52.85	5/2 MSU Moorhead Ron Ma
David Haugen	So Concordia Moorhead	52.88	4/10 Gustavus
Josh Wallert	Jr Saint John's	52.89	4/18 UMD Invitational
Andrew Rice	Sr Bethel	52.99	5/2 Dakota Relays
Corey Vollinger	Fr Saint John's	53.14	4/4 Hamline Invitationa
Dan Varley	Jr St. Olaf	53.20	4/28 Rolex Classic

Corey Nelson 60	Fr Concordia Moorhead	53.26	5/2 Masanz Classic
Marly Simmons	Jr Concordia Moorhead	53.30	4/30 MIAC Decathlon
Jack Deichert	Fr Hamline	53.33	4/26 St. Johns Sunday
Jeff Bakke	Jr Concordia Moorhead	53.68	4/30 MIAC Decathlon
Tony Reed	Jr Gustavus	53.74	4/18 Carleton Relays
Ryan Maciej	Jr St. Thomas	53.79	4/30 MIAC Decathlon
Tyler Spiczka	Fr Concordia Moorhead	53.79	4/10 Gustavus
Steven Holley	So Carleton	53.93	4/25 Drake Alternative
Tom Rixen	Fr Augsburg	53.93	4/10 Lee Krough Invitat
Carl Stenoien	So Gustavus	53.94	4/4 Central College Inv
John Thompson 70	Fr Saint John's	54.02	5/2 MSU Moorhead Ron Ma
Ty Martin	So Carleton	54.23	4/25 Drake Alternative
Ben Johnson	Fr Hamline	54.23	4/17 Tom Cat Twilight
Josh Johnson	Jr St. Thomas	54.28	4/22 Bolstorff Twilight
Mike Tews	Fr Gustavus	54.39	4/18 Carleton Relays
Jason Ek	Fr Gustavus	54.44	4/10 Lee Krough Invitat
=====	Last 2008 qualifier	54.54	
Matt Johnson	Fr St. Olaf	54.7	4/4 UWRF Invitational
Mike Mittlesteadt	Fr St. Olaf	54.96	4/4 UWRF Invitational
Andrew Zabel	Fr Bethel	55.08	4/4 Central Invitationa
Dan Maxbauer	So Saint John's	55.59	4/30 MIAC Decathlon
David Rynda 80	Sr Saint John's	55.75	4/30 MIAC Decathlon
Ben Loonan	Sr Saint John's	55.81	4/22 Bolstorff Twilight
Mark Scheer	Jr Gustavus	56.13	4/18 Carleton Relays
David Johnson	Fr Gustavus	56.37	4/18 Carleton Relays
Tim Erkel	So Macalester	57.98	5/2 Unsaintly Meet
Felix Okoth	Fr Concordia Moorhead	58.23	4/18 UM-Morris
Joe Holman	Sr Saint Mary's	58.40	4/25 Drake Alternate
86 entrants			

100 | 200 | 400 | 800 | 1500 | 3000 | 5000 | 10000 | 110H | 400H
STEEP | 4X100 | 4X400 | 4X800 | LJ | TJ | SP | DT | HT | JT
HJ | PV | DEC | Top

800 METER RUN

=====	NCAA Automatic	1:51.10	
Mitch Gesell	Sr Saint John's	1:51.94	5/14 LaCrosse Qualifier
Mike Hutton	Fr St. Thomas	1:52.53	4/9 Meet of Saints
Brian Sames	Sr St. Thomas	1:52.84	3/21 Spring Break Colle
Cullen O'Neill	Sr St. Olaf	1:52.86	4/22 Bolstorff Twilight
Tom Hoffman	So Saint John's	1:52.87	5/14 LaCrosse Qualifier
=====	NCAA Provisional	1:53.00	
Jack Delehanty	Sr Carleton	1:53.80	5/8-9 MIAC Championship
Kyle Brandon	Sr St. Thomas	1:54.02	3/21 Spring Break Colle
Tyler Hinrichs	Sr Bethel	1:54.52	4/22 Bolstorff Twilight
Greg Dowe	Sr St. Thomas	1:54.60	3/21 Spring Break Colle
Andrew Stevens 10	Jr Saint John's	1:54.70	5/2 MSU Moorhead Ron Ma
Dennis Meints	So Bethel	1:56.18	4/22 Bolstorff Twilight
Michael Sanders	Jr Carleton	1:56.73	3/20 Walt Disney Invite
Zach Schlegel	So Bethel	1:56.75	3/21 PNLU
Brandon Gleason	Sr Hamline	1:57.25	4/18 Carleton Relays
Matt Boumeester	Sr St. Thomas	1:57.36	3/21 Spring Break Colle
Brian Burseth	Sr St. Olaf	1:57.47	5/8-9 MIAC Championship
Tony Hanf	Sr Bethel	1:57.51	4/18 Carleton Relays
Carson Smith	So Gustavus	1:57.69	4/25 Drake Alternative
Evan Schwartz	Sr St. Thomas	1:57.75	3/21 Spring Break Colle
Matt Neufeld 20	So Bethel	1:57.77	5/8-9 MIAC Championship
Ben Wilson	So St. Olaf	1:58.02	5/2 Meet of the Unsaint
Wade Ekstrom	Jr Macalester	1:58.19	4/10 Lee Krough Invite
Luke Sames	Fr St. Thomas	1:58.41	4/4 Wartburg Select Mee
Steven Strom	Sr Bethel	1:58.91	5/1 Dakota Relays
Devin Monson	Fr Hamline	1:59.10	5/2 Unsaintly

Nicholas George	Jr St. Thomas	1:59.22	4/22 Bolstorff Twilight
Max Hanson	Jr Gustavus	1:59.48	4/4 Central Invite
Jack Deichert	Fr Hamline	1:59.66	4/22 Bolstorff Twilight
Rob McMillan	Sr Saint John's	1:59.82	5/8-9 MIAC Championship
Ben Yorkovich	Fr St. Thomas	1:59.88	4/22 Bolstorff Twilight
30			
Dan Varley	Jr St. Olaf	2:00.02	4/18 Carleton Relays
Crawford Hubbell	Fr St. Thomas	2:00.05	5/2 UMD Triangular
David Anderson	Jr St. Olaf	2:00.17	5/2 Meet of the UnSaint
Justin Lund	So Gustavus	2:00.21	5/2 Meet of the UnSaint
Ruairi Moynihan	Fr Saint John's	2:00.39	4/18 UMD Invitational
Jamison Hull	Jr Hamline	2:00.45	5/2 Unsaintly
Justin Jurek	So Saint John's	2:00.89	4/9 Meet of Saints
Jimmy Backes	So Saint John's	2:01.13	4/26 Saint John's Invit
Brendan Sherman	Sr St. Thomas	2:01.19	4/22 Macaleter Twilight
Mike Mittlesteadt	Fr St. Olaf	2:01.28	5/2 Meet of the UnSaint
40			
Peter Schoen	Jr Saint John's	2:01.39	4/26 Saint John's Invit
Sam Greeno	Fr Bethel	2:01.43	5/8-9 MIAC Championship
Marty Howard	Sr Saint Mary's	2:01.84	4/25 Drake Alternate
Matt Lefebvre	Fr St. Olaf	2:01.85	4/22 Bolstorff Twilight
Carl Gladitsch	Sr Bethel	2:01.85	4/4 Central Invitationa
Michael Dunn	So Concordia Moorhead	2:02.09	5/2 Masanz Classic
Quentin Moore	So Saint Mary's	2:02.14	4/22 Macalester Twiligh
Anders Nienstaedt	Fr St. Olaf	2:02.22	5/2 Meet of the UnSaint
Jordan Fladland	Fr Saint John's	2:02.22	4/9 Meet of Saints
Eric Juven	Jr Concordia Moorhead	2:02.27	5/2 Masanz Classic
50			
Jeremy Bock	Jr Gustavus	2:02.34	5/8-9 MIAC Championship
Benton Kodet	So Saint Mary's	2:02.41	4/22 Macalester Twiligh
Will Roberson	Fr St. Thomas	2:02.87	4/25 Drake Alternative
Ollie St. John	Fr Macalester	2:03.03	4/10 Lee Krough Invite
Cristian Raether	Fr Gustavus	2:03.04	5/2 Meet of the UnSaint
Tyler Spiczka	Fr Concordia Moorhead	2:03.32	5/2 Masanz Classic
Ellis Richardson	Fr Hamline	2:03.32	5/2 Unsaintly
Chris Painter	Jr Bethel	2:03.47	4/18 Carleton Relays
David Haugen	So Concordia Moorhead	2:03.58	4/22 Cobber Twilight
David Green	Sr St. Olaf	2:03.67	4/28 Rolex Classic
60			
Isaac Tut	So St. Olaf	2:03.77	4/4 UWRF Invitational
Jonathan Lambert	So St. Olaf	2:04.00	4/28 Rolex Classic
=====	Last 2008 qualifier	2:04.11	
Adam Fitzgerald	Fr Concordia Moorhead	2:04.43	5/2 Masanz Classic
Andrew Costley	Sr Bethel	2:04.53	3/21 PNLU
Joah Schwecke	So Saint John's	2:04.60	3/28 SJU Invitational
Chris Marshall	Jr Carleton	2:04.63	4/25 Drake Alternative
Tom Sederquist	So Concordia Moorhead	2:04.83	4/10 Gustavus
Paul Lillehaugen	So Concordia Moorhead	2:05.63	5/8-9 MIAC Championship
Jason Chrudimsky	So Augsburg	2:05.76	5/2 Meet of the UnSaint
Ben Ehlers	Fr Concordia Moorhead	2:05.81	5/8-9 MIAC Championship
70			
Corey Vollinger	Fr Saint John's	2:05.83	3/28 SJU Invitational
Justin Margolies	So Macalester	2:06.19	5/2 Unsaintly Meet
Brian Anderson	Sr Bethel	2:06.28	4/10 Lee Krough Invitat
Dobuol Ruon	So St. Olaf	2:06.57	4/28 Rolex Classic
Joe Arnold	Fr Augsburg	2:07.33	4/4 Hamline Invitationa
Mike Reponen	Jr Concordia Moorhead	2:07.92	4/25 Al Cassell Relays
Kevin Groh	Sr Hamline	2:08.02	5/2 Unsaintly
Tony Fremling	Fr Augsburg	2:08.39	4/4 Hamline Invitationa
Brian Byrnes	Fr Augsburg	2:08.86	4/4 Hamline Invitationa
Kian Flynn	Fr Carleton	2:09.08	4/25 Drake Alternative
80			
Ryan Miller	Fr Saint John's	2:09.57	5/8-9 MIAC Championship
Ethan Gutzmann	Fr Augsburg	2:09.58	3/14 SCIAC Top 4 Meet
Andrew Nussbaum	Jr St. Olaf	2:10.79	4/28 Rolex Classic
Evan Johnson	Fr Carleton	2:11.41	4/4 Hamline Invite
Michael Knudson	So Carleton	2:12.73	4/25 Drake Alternative
Geoff Gillmor	Fr Augsburg	2:15.44	4/4 Hamline Invitationa
Rick Dornfeld	Fr Hamline	2:16.18	5/2 Unsaintly
Steve Krouse	So St. Olaf	2:16.92	4/18 Carleton Relays
Nate Korf	Jr Concordia Moorhead	2:18.44	4/22 Cobber Twilight

Austin Erickson 90	Fr Augsburg	2:19.13	4/4 Hamline Invitationa
Ben Parks	So Carleton	2:19.17	4/25 Drake Alternative
Ben Fraase	Fr Concordia Moorhead	2:23.00	4/22 Cobber Twilight
James Flaa	Jr Concordia Moorhead	2:23.08	4/18 UM-Morris
Ben Obernolte	So Concordia Moorhead	2:23.24	4/22 Cobber Twilight
Spencer Retelle 95 entrants	So Macalester	2:26.06	4/10 Lee Krough Invite

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [110H](#) | [400H](#)
[STEEP](#) | [4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#)
[HJ](#) | [PV](#) | [DEC](#) | [Top](#)

1500 METER RUN

=====	NCAA Automatic	3:50.60	
Brian Sames	Sr St. Thomas	3:51.92	3/21 Spring Break Colle
Kyle Brandon	Sr St. Thomas	3:52.72	3/21 Spring Break Colle
Brandon Gleason	Sr Hamline	3:52.86	4/17 Tom Cat Twilight
Tyler Hinrichs	Sr Bethel	3:52.99	5/2 Dakota Relays
Cullen O'Neill	Sr St. Olaf	3:54.25	4/17 Tom Cat Twilight
=====	NCAA Provisional	3:55.00	
Wade Ekstrom	Jr Macalester	3:56.03	4/22 Bolstorff Twilight
Matt Boumeester	Sr St. Thomas	3:56.25	4/17 TomCat Twilight
Evan Schwartz	Sr St. Thomas	4:00.25	4/17 Tom Cat Twilight
Andrew Stevens	Jr Saint John's	4:01.84	4/25 Hillsdale GINA Rel
Ben Wilson	So St. Olaf	4:02.21	5/8-9 MIAC Championship
10			
Ruairi Moynihan	Fr Saint John's	4:02.22	5/2 MSU Moorhead Ron Ma
Dan Greeno	Jr Bethel	4:02.71	5/2 Dakota Relays
Dobuol Ruon	So St. Olaf	4:02.76	4/28 Rolex Classic
Ben Sathre	Fr St. Thomas	4:03.05	3/21 Spring Break Colle
Ryan Noack	Jr Saint John's	4:03.78	4/4 Hamline Invitationa
Jared Brandenburg	So Saint Mary's	4:04.05	5/1 Central Open
David Green	Sr St. Olaf	4:04.18	4/22 Bolstorff Twilight
Tom Hoffman	So Saint John's	4:05.05	4/18 UMD Invitational
Ollie St. John	Fr Macalester	4:05.46	4/22 Bolstorff Twilight
Mitch Gesell	Sr Saint John's	4:06.16	3/28 SJU Invitational
20			
John Kennedy	Jr Gustavus	4:06.18	4/10 Lee Krough Invitat
George Williams	Jr St. Thomas	4:06.46	4/17 Tom Cat Twilight
Seth Rosvold	Jr St. Thomas	4:06.50	4/9 Meet of Saints
Carl Gladitsch	Sr Bethel	4:06.56	4/4 Central Invitationa
Josh Gunderson	Jr Saint John's	4:06.65	4/22 Bolstorff Twilight
Jimmy Backes	So Saint John's	4:06.67	5/15 North Central Greg
Nicholas George	Jr St. Thomas	4:06.87	4/17 Tom Cat Twilight
Patrick Lowder	Jr Saint John's	4:08.56	4/4 Hamline Invitationa
Tom Sederquist	So Concordia Moorhead	4:08.72	4/22 Cobber Twilight
Crawford Hubbell	Fr St. Thomas	4:09.32	4/9 Meet of Saints
30			
David Anderson	Jr St. Olaf	4:09.47	4/28 Rolex Classic
Jordan Fladland	Fr Saint John's	4:09.70	5/2 MSU Moorhead Ron Ma
Jacob Marotz	Jr St. Olaf	4:10.10	4/28 Rolex Classic
Chris Marshall	Jr Carleton	4:10.19	4/28 Rolex Classic
Brent Haglund	Jr Augsburg	4:11.52	4/10 Lee Krough Invitat
Anders Bowman	Fr Gustavus	4:11.75	5/8-9 MIAC Championship
Andrew Clasen	Fr Saint John's	4:11.98	5/2 MSU Moorhead Ron Ma
Kian Flynn	Fr Carleton	4:12.02	4/28 Rolex Classic
Ellis Richardson	Fr Hamline	4:12.23	4/22 Bolstorff Twilight
Devin Monson	Fr Hamline	4:12.52	4/18 Carleton Relays
40			
Tom Brenner	Sr Carleton	4:12.99	5/8-9 MIAC Championship
Anders Nienstaedt	Fr St. Olaf	4:13.02	4/28 Rolex Classic
Colin Sinclair	So Carleton	4:13.22	4/28 Rolex Classic
Brian Anderson	Sr Bethel	4:13.60	5/8-9 MIAC Championship
Adrian Swanson	So St. Olaf	4:13.80	4/28 Rolex Classic
Andrew Costley	Sr Bethel	4:13.98	5/8-9 MIAC Championship
Brendan Sherman	Sr St. Thomas	4:13.98	4/17 Tom Cat Twilight

Brian Burseth	Sr St. Olaf	4:14.69	4/18 Carleton Relays
Jamison Hull	Jr Hamline	4:14.89	4/10 Lee Krough Invite
Joel Dieterich	So Hamline	4:14.95	5/2 Unsaintly
50			
Andrew Johnson	So Hamline	4:14.98	5/2 Unsaintly
Matt Perkovich	Fr St. Olaf	4:15.55	4/28 Rolex Classic
John Leaf	Sr Gustavus	4:15.68	5/2 Meet of the UnSaint
Joe Schubert	So Macalester	4:15.91	4/22 Bolstorff Twilight
Quentin Moore	So Saint Mary's	4:15.92	4/17 Phil Esten Challen
Will Roberson	Fr St. Thomas	4:15.96	4/17 Tom Cat Twilight
Peter Schoen	Jr Saint John's	4:16.25	4/4 Hamline Invitationa
Dustin Franta	So Saint John's	4:17.36	4/18 UMD Invitational
Tony Fremling	Fr Augsburg	4:17.73	4/10 Lee Krough Invitat
Ben Rodriguez	Fr Augsburg	4:17.90	4/10 Lee Krough Invitat
60			
Justin Jurek	So Saint John's	4:18.21	4/26 Saint John's Invit
Andrew Nussbaum	Jr St. Olaf	4:18.62	4/28 Rolex Classic
Sam Greeno	Fr Bethel	4:18.69	5/2 Dakota Relays
Jonathan Lambert	So St. Olaf	4:19.30	4/4 UWRF Invitational
Benjamin Bayer	So St. Olaf	4:19.52	4/28 Rolex Classic
Nick Nygaard	Fr St. Thomas	4:19.60	4/9 Meet of Saints
Victor Sanchez	Jr Augsburg	4:20.10	4/10 Lee Krough Invitat
Kevin Groh	Sr Hamline	4:20.46	4/4 Hamline Invitationa
Rob McMillan	Sr Saint John's	4:20.60	3/28 SJU Invitational
Eric Hofmann	Sr Carleton	4:21.35	4/22 Bolstorff Twilight
70			
Dan Foley	Sr Gustavus	4:21.61	5/2 Meet of the UnSaint
Ryan Miller	Fr Saint John's	4:21.78	5/2 MSU Moorhead Ron Ma
Michael Mockler	Fr Saint Mary's	4:21.90	4/25 Drake Alternate
Ben Ehlers	Fr Concordia Moorhead	4:22.28	5/2 Masanz Classic
Paul Lillehaugen	So Concordia Moorhead	4:22.39	4/25 Al Cassell Relays
Alex Thornton	Fr Gustavus	4:22.63	4/10 Lee Krough Invitat
=====	Last 2008 qualifier	4:22.99	
Jason Mansur	Sr St. Thomas	4:23.75	4/9 Meet of Saints
Eric Juven	Jr Concordia Moorhead	4:24.23	4/25 Al Cassell Relays
Jeremy Kuhn	So Gustavus	4:25.06	5/2 Meet of the UnSaint
Tony Gerten	Jr St. Thomas	4:25.09	4/9 Meet of Saints
80			
Brayden Wagner	Sr Saint John's	4:25.78	5/1 MIAC Decathlon
Jon Sopcak	Sr Saint Mary's	4:25.92	4/22 Macalester Twiligh
Joah Schwecke	So Saint John's	4:26.06	4/4 Hamline Invitationa
Michael Dunn	So Concordia Moorhead	4:26.18	4/22 Cobber Twilight
Alex Prieve	Sr Gustavus	4:26.22	4/18 Carleton Relays
Joel McDougall	Fr Bethel	4:26.24	4/22 Bolstorff Twilight
Tanner Sakrismo	Fr Concordia Moorhead	4:26.46	4/25 Al Cassell Relays
Adam Fitzgerald	Fr Concordia Moorhead	4:26.58	4/22 Cobber Twilight
Joseph Paille	So St. Olaf	4:26.81	4/28 Rolex Classic
Joe Fisketti	So Hamline	4:26.81	4/10 Lee Krough Invite
90			
Joe Kilkus	Jr Saint John's	4:26.86	4/26 Saint John's Invit
Ryan Doyle	Sr St. Olaf	4:27.13	4/18 Carleton Relays
Paul Shol	Sr Concordia Moorhead	4:27.39	5/1 MIAC Decathlon
Dan Varley	Jr St. Olaf	4:27.70	4/4 UWRF Invitational
Jim Leschke	Fr St. Thomas	4:27.74	4/9 Meet of Saints
Brian Byrnes	Fr Augsburg	4:29.13	4/4 Hamline Invitationa
Peter Samuels	Sr Carleton	4:30.15	4/10 Lee Krough Invitat
Paul Westmark	Sr Concordia Moorhead	4:30.34	5/1 MIAC Decathlon
Nick Mangigian	Jr Macalester	4:30.44	4/18 Carleton Relays
Joe Gair	Fr Saint John's	4:30.48	4/18 UMD Invitational
100			
Rick Dornfeld	Fr Hamline	4:30.79	4/22 Bolstorff Twilight
Justin Margolies	So Macalester	4:31.82	4/4 Hamline Invite
Mark Bartley	Fr Gustavus	4:31.99	4/10 Lee Krough Invitat
Geoff Gillmor	Fr Augsburg	4:32.73	4/4 Hamline Invitationa
Mark Peterson	So Gustavus	4:32.89	5/2 Meet of the UnSaint
Michael Letich	Sr St. Olaf	4:33.44	4/22 Bolstorff Twilight
Jeremy Bock	Jr Gustavus	4:33.60	4/4 Central Invite
Michael Knudson	So Carleton	4:34.13	4/28 Rolex Classic
Frankie Heller	So St. Olaf	4:35.69	4/28 Rolex Classic
Daniel Fredrichsen	Fr St. Olaf	4:35.97	4/28 Rolex Classic

Ben Parks	So Carleton	4:36.05	4/28 Rolex Classic
Todd Alle	Fr Saint John's	4:36.66	4/26 Saint John's Invit
Dan Kirscht	Sr Saint John's	4:36.77	5/2 MSU Moorhead Ron Ma
David Erstad	Sr St. Thomas	4:37.18	4/9 Meet of Saints
Steve Grimsby	Jr Gustavus	4:38.28	4/10 Lee Krough Invitat
Patrick Sitzner	So Saint John's	4:38.37	4/4 Hamline Invitationa
Dan Gerber	Fr Augsburg	4:38.95	4/10 Lee Krough Invitat
Nate Korf	Jr Concordia Moorhead	4:40.70	5/2 Masanz Classic
Steve Arves	So St. Thomas	4:41.34	4/9 Meet of Saints
David Ohmann	Fr Concordia Moorhead	4:41.62	4/17 Kansas Relays
120			
Donald Pavelka	Fr Saint John's	4:42.23	5/2 MSU Moorhead Ron Ma
Austin Erickson	Fr Augsburg	4:43.08	4/4 Hamline Invitationa
Eric Klein	Fr St. Olaf	4:43.36	4/28 Rolex Classic
Steve Lubner	Fr Saint John's	4:43.67	4/18 UMD Invitational
Nick Peterson	Fr Saint John's	4:44.09	4/9 Meet of Saints
Nick Michalak	Fr St. Thomas	4:45.06	4/9 Meet of Saints
Ben Millmann	Sr St. Thomas	4:47.39	4/22 Bolstorff Twilight
Spencer Retelle	So Macalester	4:48.51	4/22 Bolstorff Twilight
Kaleb Johnson	Jr Saint John's	4:48.75	4/4 Hamline Invitationa
Carl Stenoien	So Gustavus	4:51.42	5/1 MIAC Decathlon
130			
Ben Fraase	Fr Concordia Moorhead	4:53.59	4/22 Cobber Twilight
Chris Hartman	Sr Saint John's	4:54.37	4/14 SJU Decathlon
Marly Simmons	Jr Concordia Moorhead	4:55.04	5/1 MIAC Decathlon
Alex Kurt	Sr Saint John's	4:56.25	4/26 Saint John's Invit
Dan Maxbauer	So Saint John's	4:56.33	5/1 MIAC Decathlon
Ryan Maciej	Jr St. Thomas	4:57.99	4/30 MIAC Decathlon
Michael Sikivie	Sr Macalester	5:04.06	4/10 Lee Krough Invite
Jeff Bakke	Jr Concordia Moorhead	5:09.07	5/1 MIAC Decathlon
Caleb Giesen	Fr Concordia Moorhead	5:12.83	4/10 Gustavus
Matt Johnson	Fr St. Olaf	5:13.61	4/4 UWRF Invitational
140			
Ben Loonan	Sr Saint John's	5:22.64	4/26 Saint John's Invit
David Rynda	Sr Saint John's	5:44.29	4/14 SJU Decathlon
John Sunder	Fr St. Thomas	16:01.25	5/2 UMD Triangular
143 entrants			

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [110H](#) | [400H](#)
[STEEP](#) | [4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#)
[HJ](#) | [PV](#) | [DEC](#) | [Top](#)

MILE RUN*		
=====	NCAA Automatic	4:09.00
=====	NCAA Provisional	4:13.80
0 entrants		

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [110H](#) | [400H](#)
[STEEP](#) | [4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#)
[HJ](#) | [PV](#) | [DEC](#) | [Top](#)

3000 METER RUN
0 entrants

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [110H](#) | [400H](#)
[STEEP](#) | [4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#)
[HJ](#) | [PV](#) | [DEC](#) | [Top](#)

5000 METER RUN

=====	NCAA Automatic	14:28.00	
=====	NCAA Provisional	14:45.00	
Carl Gladitsch	Sr Bethel	14:55.15	4/10 Lee Krough Invitat
Dan Greeno	Jr Bethel	14:57.10	5/2 Dakota Relays
Matt Boumeester	Sr St. Thomas	14:58.52	4/4 Wartburg Select Mee
Brandon Gleason	Sr Hamline	15:00.34	5/8-9 MIAC Championship
Ian Bauer	Jr Hamline	15:01.97	4/4 Hamline Invitationa
Brent Haglund	Jr Augsburg	15:02.72	4/4 Hamline Invitationa
Dobuol Ruon	So St. Olaf	15:03.74	5/8-9 MIAC Championship
Ben Sathre	Fr St. Thomas	15:05.34	4/17 Tom Cat Twilight
Mike Connell	Jr St. Thomas	15:07.46	4/17 TomCat Twilight
Wade Ekstrom	Jr Macalester	15:09.84	5/2 Unsaintly Meet
10			
Jacob Marotz	Jr St. Olaf	15:12.19	5/8-9 MIAC Championship
Dan Foley	Sr Gustavus	15:12.19	4/25 Drake Alternative
Devin Monson	Fr Hamline	15:14.51	5/8-9 MIAC Championship
Ryan Noack	Jr Saint John's	15:14.93	5/2 MSU Moorhead Ron Ma
Tom Sederquist	So Concordia Moorhead	15:15.53	5/8-9 MIAC Championship
David Green	Sr St. Olaf	15:15.57	5/8-9 MIAC Championship
Seth Rosvold	Jr St. Thomas	15:20.64	4/17 Tom Cat Twilight
John Leaf	Sr Gustavus	15:20.72	4/25 Drake Alternative
Zach Hunter	Sr Saint John's	15:25.69	3/28 SJU Invitational
Ruairi Moynihan	Fr Saint John's	15:27.04	4/4 Hamline Invitationa
20			
Victor Sanchez	Jr Augsburg	15:28.48	4/4 Hamline Invitationa
Dustin Franta	So Saint John's	15:29.03	4/9 Meet of Saints
Rorak Hooten	Sr St. Thomas	15:30.78	4/17 Tom Cat Twilight
Tyler Iverson	Fr St. Thomas	15:31.43	4/9 Meet of Saints
Ellis Richardson	Fr Hamline	15:31.75	4/4 Hamline Invitationa
Martin Mudry	Sr Macalester	15:31.98	5/8-9 MIAC Championship
Patrick Lowder	Jr Saint John's	15:37.20	4/18 UMD Invitational
John Kennedy	Jr Gustavus	15:41.10	4/4 Central Invite
John Davis	So Carleton	15:42.00	4/22 Bolstorff Twilight
Kevin Groh	Sr Hamline	15:43.25	4/22 Bolstorff Twilight
30			
Ben Rodriguez	Fr Augsburg	15:43.25	3/13 Oxy Distance Carni
Nick Nygaard	Fr St. Thomas	15:45.15	5/8-9 MIAC Championship
Carl Biggers	Fr Macalester	15:46.82	4/4 Hamline Invite
Alex Thornton	Fr Gustavus	15:47.26	5/8-9 MIAC Championship
Jonathan Lambert	So St. Olaf	15:47.96	4/9 Meet of Saints
David Forster	So Saint John's	15:48.32	4/4 Hamline Invitationa
Scott Smith	Sr St. Thomas	15:49.81	4/4 Wartburg Select Mee
Colin Sinclair	So Carleton	15:50.79	4/25 Drake Alternative
Josh Gunderson	Jr Saint John's	15:51.60	4/18 UMD Invitational
Brian Byrnes	Fr Augsburg	15:54.27	4/10 Lee Krough Invitat
40			
Chris Marshall	Jr Carleton	15:57.37	4/18 Carleton Relays
Jimmy Backes	So Saint John's	15:57.49	4/18 UMD Invitational
Andrew Johnson	So Hamline	15:59.55	4/18 Carleton Relays
Andrew Costley	Sr Bethel	15:59.63	5/2 Dakota Relays
Joel McDougall	Fr Bethel	16:00.46	4/10 Lee Krough Invitat
John Sunder	Fr St. Thomas	16:01.25	5/2 UMD Triangular
Mark Hartman	Jr Gustavus	16:02.84	4/25 Drake Alternative
Jamison Hull	Jr Hamline	16:05.43	4/18 Carleton Relays
Austin Hinrichs	So Bethel	16:06.01	4/10 Lee Krough Invitat
Jason Mansur	Sr St. Thomas	16:07.24	4/4 Wartburg Select Mee
50			
Tom Brenner	Sr Carleton	16:09.25	4/18 Carleton Relays
Andrew Clasen	Fr Saint John's	16:09.35	4/4 Hamline Invitationa
Andrew Nussbaum	Jr St. Olaf	16:09.36	5/2 Meet of the Unsaint
Eric Hofmann	Sr Carleton	16:10.14	4/4 Hamline Invite
=====	Last 2008 qualifier	16:13.56	
Paul Schoeneberger	So Saint John's	16:15.48	3/28 SJU Invitational
Mark Bartley	Fr Gustavus	16:16.38	4/10 Lee Krough Invitat
George Williams	Jr St. Thomas	16:17.06	4/4 Wartburg Select Mee
Nick Ross	So Gustavus	16:19.38	4/25 Drake Alternative
Joe Fisketti	So Hamline	16:20.17	4/4 Hamline Invitationa
Shane Wyborny	Jr Augsburg	16:20.77	4/10 Lee Krough Invitat

Jim Leschke	Fr St. Thomas	16:21.01	4/17 Tom Cat Twilight
Brian Anderson	Sr Bethel	16:20.8	3/21 PNLU
Benjamin Bayer	So St. Olaf	16:22.07	4/22 Bolstorff Twilight
Kian Flynn	Fr Carleton	16:23.79	4/22 Bolstorff Twilight
Anders Nienstaedt	Fr St. Olaf	16:27.56	4/18 Carleton Relays
Nick Mangigian	Jr Macalester	16:29.55	4/4 Hamline Invite
Peter Samuels	Sr Carleton	16:30.24	4/28 Rolex Classic
David Feather	Fr Saint Mary's	16:34.03	4/17 Phil Esten Challen
Joe Kilkus	Jr Saint John's	16:34.66	5/2 MSU Moorhead Ron Ma
Robby McGuire	Fr Saint Mary's	16:41.18	4/25 Drake Alternate
70			
Jordan Groh	Sr Bethel	16:41.22	4/10 Lee Krough Invitat
Geoff Gillmor	Fr Augsburg	16:42.17	4/10 Lee Krough Invitat
Tony Gerten	Jr St. Thomas	16:42.34	4/4 Wartburg Select Mee
Joe Gair	Fr Saint John's	16:42.44	4/4 Hamline Invitationa
David Erstad	Sr St. Thomas	16:43.09	4/25 Drake Alternative
Jeremy Kuhn	So Gustavus	16:44.77	4/25 Drake Alternative
Tanner Sakrismo	Fr Concordia Moorhead	16:45.12	5/2 Masanz Classic
Patrick Sitzer	So Saint John's	16:45.47	5/2 MSU Moorhead Ron Ma
Rick Dornfeld	Fr Hamline	16:46.89	4/4 Hamline Invitationa
Mike Reponen	Jr Concordia Moorhead	16:47.19	4/26 St. John's Invite
80			
Adam Fitzgerald	Fr Concordia Moorhead	16:47.99	4/4 Hamline
Joseph Paille	So St. Olaf	16:48.49	5/2 Meet of the Unsaint
Steve Lubner	Fr Saint John's	16:49.46	4/4 Hamline Invitationa
Dan Gerber	Fr Augsburg	16:51.23	4/17 Tom Cat Twilight
Sam Greeno	Fr Bethel	16:51.48	4/4 Central Invitationa
Pete Steele	Fr Macalester	16:56.87	4/18 Carleton Relays
Peter Schoen	Jr Saint John's	17:00.50	5/14 North Central Greg
Steve Arves	So St. Thomas	17:06.99	4/17 Tom Cat Twilight
Nick Michalak	Fr St. Thomas	17:11.46	4/4 Wartburg Select Mee
Michael Knudson	So Carleton	17:16.78	4/22 Bolstorff Twilight
90			
Ben Parks	So Carleton	17:21.91	4/22 Bolstorff Twilight
Austin Erickson	Fr Augsburg	17:24.60	3/13 Oxy Distance Carni
Mark Peterson	So Gustavus	17:25.88	4/18 Carleton Relays
Dan Kirscht	Sr Saint John's	17:27.00	4/18 UMD Invitational
Daniel Fredrichsen	Fr St. Olaf	17:30.81	5/2 Meet of the Unsaint
Ben Fraase	Fr Concordia Moorhead	17:47.17	5/2 Masanz Classic
Kaleb Johnson	Jr Saint John's	17:49.86	3/28 SJU Invitational
David Ohmann	Fr Concordia Moorhead	18:04.49	4/25 Al Cassell Relays
Michael Letich	Sr St. Olaf	18:15.25	5/2 Meet of the Unsaint
Nate Korf	Jr Concordia Moorhead	18:24.97	4/18 UM-Morris
100			
100 entrants			

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10000 METER RUN

=====			
NCAA Automatic		30:20.00	
Jacob Marotz	Jr St. Olaf	30:44.86	5/8-9 MIAC Championship
Dan Greeno	Jr Bethel	30:46.14	4/17 Meet of Champions
Brent Haglund	Jr Augsburg	30:49.24	5/8-9 MIAC Championship
Dan Foley	Sr Gustavus	31:02.88	5/8-9 MIAC Championship
Ian Bauer	Jr Hamline	31:08.56	4/24 Gina Relays
=====			
NCAA Provisional		31:10.00	
John Leaf	Sr Gustavus	32:02.00	5/8-9 MIAC Championship
Jonathan Lambert	So St. Olaf	32:02.32	5/8-9 MIAC Championship
Zach Hunter	Sr Saint John's	32:28.41	5/14 North Central Greg
Carl Biggers	Fr Macalester	32:29.32	5/8-9 MIAC Championship
Victor Sanchez	Jr Augsburg	32:31.96	4/18 Carleton Relays
10			
Tom Sederquist	So Concordia Moorhead	32:33.76	5/8-9 MIAC Championship
Scott Smith	Sr St. Thomas	32:57.87	5/8-9 MIAC Championship
Mark Hartman	Jr Gustavus	33:04.79	5/8-9 MIAC Championship

Andrew Nussbaum	Jr St. Olaf	33:23.70	5/8-9 MIAC Championship
Nick Ross	So Gustavus	33:29.86	5/8-9 MIAC Championship
=====	Last 2008 qualifier	33:41.59	
Eric Hofmann	Sr Carleton	33:48.75	5/8-9 MIAC Championship
Colin Sinclair	So Carleton	33:57.85	4/18 Carleton Relays
Jordan Groh	Sr Bethel	34:08.50	4/17 Meet of Champions
Peter Samuels	Sr Carleton	34:11.30	5/8-9 MIAC Championship
Austin Hinrichs	So Bethel	34:36.73	5/8-9 MIAC Championship
20			
Mark Bartley	Fr Gustavus	34:37.23	4/18 Carleton Relays
Joe Kilkus	Jr Saint John's	34:41.65	5/14 North Central Greg
Mike Reponen	Jr Concordia Moorhead	34:53.72	4/22 Cobber Twilight
Tony Gerten	Jr St. Thomas	35:22.32	3/28 St. Johns Invitati
Joseph Paille	So St. Olaf	35:22.51	4/18 Carleton Relays
Austin Erickson	Fr Augsburg	37:15.95	4/18 Carleton Relays
David Ohmann	Fr Concordia Moorhead	37:34.32	4/22 Cobber Twilight
Ben Fraase	Fr Concordia Moorhead	38:40.01	4/25 Al Cassell Relays
Nate Korf	Jr Concordia Moorhead	38:41.91	4/22 Cobber Twilight
Jason Mansur	Sr St. Thomas		5/8-9 MIAC Championship
30			
30 entrants			

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110 METER HURDLES

=====	NCAA Automatic	14.42	
Taylor Ferda	Jr Bethel	14.48[+1.6w]	5/8-9 MIAC Championship
Tyler Geyen	Sr Gustavus	14.49[+3.5w]	5/2 Meet of the UnSaint
=====	NCAA Provisional	14.90	
Paul Westmark	Sr Concordia Moorhead	14.95[+1.6w]	5/8-9 MIAC Championship
Matt Griswold	So St. Thomas	15.02[+1.9w]	4/17 Tom Cat Twilight
Tom Ballinger	Sr Carleton	15.17[+2.6w]	5/8-9 MIAC Championship
Matt Reeve	So Saint John's	15.30[+1.6w]	5/8-9 MIAC Championship
Gabe Kleinschmidt	Fr Bethel	15.42[+1.6w]	5/8-9 MIAC Championship
Adam Horkey	Jr Augsburg	15.47[+1.6w]	5/8-9 MIAC Championship
Ty Martin	So Carleton	15.72[+3.1w]	4/18 Carleton Relays
Marly Simmons	Jr Concordia Moorhead	15.81	4/4 Hamline
10			
Cameron Roemhildt	Jr St. Thomas	16.01[+2.4w]	5/8-9 MIAC Championship
David Beery	Fr Concordia Moorhead	16.04[+1.0w]	5/8-9 MIAC Championship
Dan Maxbauer	So Saint John's	16.09[+0.5w]	4/22 Bolstorff Twilight
Paul Shol	Sr Concordia Moorhead	16.22[+3.8w]	5/13 Gregory Invite
Dylan Bothun	So Carleton	16.22[+2.6w]	5/8-9 MIAC Championship
Ryan Doyle	Sr St. Olaf	16.22	4/30 MIAC Decathlon
David Nestrud	Jr Augsburg	16.31	3/14 SCIAC Top 4 Meet
Logan Schwinghammer	Fr Saint John's	16.43[+0.4w]	4/22 Bolstorff Twilight
Curtis Van Asten	Jr Saint Mary's	16.48[+1.3w]	4/17 Phil Esten Challen
DeAndre Dennis	Fr Augsburg	16.61	4/10 Lee Krough Invitat
20			
Jeff Bakke	Jr Concordia Moorhead	16.63[+2.5w]	5/1 MIAC Decathlon
Brayden Wagner	Sr Saint John's	16.75	5/22 NCAA Championshiop
Mark Stockhowe	So Bethel	16.86[+3.1w]	4/18 Carleton Relays
Matt Warhol	Jr Hamline	16.87	5/2 Unsaintly
Joe Rohlfing	Jr St. Thomas	16.99	4/4 Wartburg Select Mee
Mark Geskermann	So St. Thomas	17.25[+1.0w]	5/8-9 MIAC Championship
Ryan Maciej	Jr St. Thomas	17.30	4/30 MIAC Decathlon
Ben Saunders	Jr Concordia Moorhead	17.39[+2.1w]	4/18 UM-Morris
Kyle Burkhardt	Jr Carleton	17.45[+2.8w]	4/18 Carleton Relays
Chris Hartman	Sr Saint John's	17.49[+3.4w]	4/18 UMD Invitational
30			
Ben Loonan	Sr Saint John's	17.90[+2.4w]	5/8-9 MIAC Championship
David Rynda	Sr Saint John's	18.00	5/1 MIAC Decathlon
=====	Last 2008 qualifier	18.12	
Carl Stenoien	So Gustavus	18.34	5/1 MIAC Decathlon
Joe Holman	Sr Saint Mary's	19.33	4/17 Phil Esten Challen

Luke Telander	Fr St. Olaf	20.08	4/4 UWRf Invitational
Matt Johnson	Fr St. Olaf	20.85	4/10 Lee Krough Invitat

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400 METER HURDLES

=====	NCAA Automatic	52.65	
Matt Griswold	So St. Thomas	52.86	5/8-9 MIAC Championship
Tom Ballinger	Sr Carleton	52.92	5/8-9 MIAC Championship
=====	NCAA Provisional	54.30	
Taylor Ferda	Jr Bethel	54.57	5/2 Dakota Relays
Paul Westmark	Sr Concordia Moorhead	54.92	5/8-9 MIAC Championship
Joe Rohlfing	Jr St. Thomas	55.14	5/8-9 MIAC Championship
Brant Luehman	Sr Hamline	55.41	5/8-9 MIAC Championship
James Strand	Jr Augsburg	55.50	4/22 Bolstorff Twilight
Ryan Chapman	Sr St. Thomas	55.56	5/8-9 MIAC Championship
Andrew Yokom	Sr Macalester	56.11	5/2 Unsaintly Meet
Andrew Rice	Sr Bethel	56.17	5/8-9 MIAC Championship

10

Paul Shol	Sr Concordia Moorhead	56.45	4/10 Gustavus
Alex Rosselli	Jr Macalester	56.72	4/4 Hamline Invite
Chris Hartman	Sr Saint John's	56.95	5/15 North Central Greg
Marly Simmons	Jr Concordia Moorhead	57.11	5/8-9 MIAC Championship
Greg Dowe	Sr St. Thomas	57.29	4/4 Wartburg Select Mee
Franz Meyer	Sr Macalester	57.48	5/8-9 MIAC Championship
Ty Martin	So Carleton	57.55	4/28 Rolex Classic
Jake Kurczek	Sr St. Olaf	57.56	4/4 UWRf Invitational
Curtis Van Asten	Jr Saint Mary's	57.58	4/17 Phil Esten Challen
Brayden Wagner	Sr Saint John's	57.78	4/22 Bolstorff Twilight

20

Kyle Burkhardt	Jr Carleton	57.87	5/8-9 MIAC Championship
Josiah Powell	So St. Olaf	58.14	5/8-9 MIAC Championship
Colin Hutter	Fr St. Olaf	58.50	4/4 UWRf Invitational
Palmer Fliss	So Macalester	58.88	4/18 Carleton Relays
Dave Erlandson	So Gustavus	59.18	5/8-9 MIAC Championship
Mark Geskermann	So St. Thomas	59.30	5/8-9 MIAC Championship
DeAndre Dennis	Fr Augsburg	59.50	4/18 Carleton Relays
Adam Horkey	Jr Augsburg	59.57	4/10 Lee Krough Invitat
Ben Loonan	Sr Saint John's	59.75	4/4 Hamline Invitationa
Matt Reeve	So Saint John's	59.78	4/25 Hillsdale GINA Rel

30

Jeremy Crowley	Sr Saint John's	60.12	4/26 Saint John's Invit
Mark Stockhowe	So Bethel	60.28	4/18 Carleton Relays
Ryan Maciej	Jr St. Thomas	60.34	4/22 Bolstorff Twilight
Logan Schwinghammer	Fr Saint John's	60.42	4/26 Saint John's Invit
Dan Maxbauer	So Saint John's	60.53	4/18 UMD Invitational

=====	Last 2008 qualifier	60.58	
Gabe Kleinschmidt	Fr Bethel	61.03	5/2 Dakota Relays
Dylan Bothun	So Carleton	61.21	4/28 Rolex Classic
David Nestrud	Jr Augsburg	62.14	4/22 Bolstorff Twilight
Luke Telander	Fr St. Olaf	63.62	4/22 Bolstorff Twilight
Evan Plotz	So St. Olaf	69.35	4/4 UWRf Invitational

40

Aaron Rodriquez	Fr St. Thomas	70.82	4/25 Gustavus Alternati
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3000M STEEPLECHASE

=====	NCAA Automatic	9:08.00	
Patrick Lowder	Jr Saint John's	9:20.38	5/15 North Central Greg
=====	NCAA Provisional	9:23.00	
Carl Gladitsch	Sr Bethel	9:27.19	5/8-9 MIAC Championship
John Davis	So Carleton	9:29.00	5/8-9 MIAC Championship
Ryan Noack	Jr Saint John's	9:32.51	5/8-9 MIAC Championship
Mike Connell	Jr St. Thomas	9:36.60	5/8-9 MIAC Championship
Tyler Iverson	Fr St. Thomas	9:40.77	5/8-9 MIAC Championship
Rorak Hooten	Sr St. Thomas	9:43.64	5/8-9 MIAC Championship
Adrian Swanson	So St. Olaf	9:46.83	5/8-9 MIAC Championship
Andrew Johnson	So Hamline	9:48.27	5/8-9 MIAC Championship
David Forster	So Saint John's	9:50.35	5/2 MSU Moorhead Ron Ma
10			
David Green	Sr St. Olaf	9:50.66	4/18 Carleton Relays
Seth Rosvold	Jr St. Thomas	9:52.06	3/21 Spring Break Colle
Anders Bowman	Fr Gustavus	9:52.68	5/8-9 MIAC Championship
Ben Rodriguez	Fr Augsburg	9:52.82	5/8-9 MIAC Championship
Zach Hunter	Sr Saint John's	9:53.72	4/4 Hamline Invitationa
Shane Wyborny	Jr Augsburg	9:56.46	5/2 Meet of the Unsaint
Ollie St. John	Fr Macalester	9:58.24	5/2 Unsaintly Meet
Josh Gunderson	Jr Saint John's	9:59.82	4/4 Hamline Invitationa
Hubbell Crawford	Fr St. Thomas	10:04.91	4/4 Wartburg Select Mee
Joel Dieterich	So Hamline	10:10.60	5/8-9 MIAC Championship
20			
Mark Bartley	Fr Gustavus	10:10.96	5/2 Meet of the UnSaint
Andrew Clasen	Fr Saint John's	10:12.84	4/22 Bolstorff Twilight
Matt Perkovich	Fr St. Olaf	10:18.21	5/2 Meet of the Unsaint
=====	Last 2008 qualifier	10:21.48	
Mike Reponen	Jr Concordia Moorhead	10:23.76	5/2 Masanz Classic
Devin Monson	Fr Hamline	10:24.92	4/10 Lee Krough Invite
Jordan Groh	Sr Bethel	10:32.56	5/1 Dakota Relays
Joe Fisketti	So Hamline	10:35.27	4/18 Carleton Relays
Patrick Sitzter	So Saint John's	10:36.83	4/22 Bolstorff Twilight
Steve Lubner	Fr Saint John's	10:40.10	4/26 Saint John's Invit
Joe Schubert	So Macalester	10:40.11	5/2 Unsaintly Meet
30			
Dan Kirscht	Sr Saint John's	10:50.01	4/26 Saint John's Invit
Ryan Miller	Fr Saint John's	11:01.34	4/9 Meet of Saints
Sam Greeno	Fr Bethel	11:01.52	3/21 PNLU
Todd Alle	Fr Saint John's	11:02.76	4/22 Bolstorff Twilight
Dan Gerber	Fr Augsburg	11:02.88	4/4 Hamline Invitationa
Nick Peterson	Fr Saint John's	11:17.77	4/4 Hamline Invitationa
David Ohmann	Fr Concordia Moorhead	11:51.51	5/2 Masanz Classic
Kevin Healy	Fr Saint John's	11:57.46	4/26 Saint John's Invit
38 entrants			

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4X100 METER RELAY

=====	NCAA Automatic	41.00	
St. Thomas	St. Thomas	41.30	4/17 Tom Cat Twilight
=====	NCAA Provisional	41.90	
Augsburg	Augsburg	42.31	5/8-9 MIAC Championship
Hamline	Hamline	42.61	5/8-9 MIAC Championship
Gustavus	Gustavus	42.65	5/8-9 MIAC Championship
Macalester	Macalester	42.70	5/8-9 MIAC Championship
Bethel	Bethel	42.84	4/22 Bolstorff Twilight
Saint John's	Saint John's	43.10	5/2 MSU Moorhead Ron Ma
St. Olaf	St. Olaf	43.13	5/8-9 MIAC Championship
Concordia Moorhead	Concordia Moorhead	43.26	5/8-9 MIAC Championship
Carleton	Carleton	44.44	5/8-9 MIAC Championship

10

10 entrants

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4X400 METER RELAY

Gustavus	Gustavus	3:12.48	5/23 NCAA D3 Nationals
=====	NCAA Automatic	3:13.00	
St. Thomas	St. Thomas	3:13.02	5/8-9 MIAC Championship
Bethel	Bethel	3:14.71	5/8-9 MIAC Championship
St. Olaf	St. Olaf	3:15.73	5/8-9 MIAC Championship
Hamline	Hamline	3:16.43	4/17 Tom Cat Twilight
Carleton	Carleton	3:16.66	5/8-9 MIAC Championship
=====	NCAA Provisional	3:16.80	
Saint John's	Saint John's	3:17.81	5/8-9 MIAC Championship
Augsburg	Augsburg	3:20.75	5/8-9 MIAC Championship
Macalester	Macalester	3:20.90	5/8-9 MIAC Championship
Concordia Moorhead	Concordia Moorhead	3:22.60	5/8-9 MIAC Championship

10

10 entrants

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4X800 METER RELAY

St. Thomas	St. Thomas	7:31.38	4/25 Drake Relays
Saint John's	Saint John's	7:39.57	4/25 Hillsdale GINA Rel
Bethel	Bethel	7:48.47	5/8-9 MIAC Championship
St. Olaf	St. Olaf	7:52.89	5/8-9 MIAC Championship
Hamline	Hamline	8:03.38	5/8-9 MIAC Championship
Gustavus	Gustavus	8:06.34	5/8-9 MIAC Championship
Concordia Moorhead	Concordia Moorhead	8:09.82	5/8-9 MIAC Championship
Macalester	Macalester	8:11.85	5/8-9 MIAC Championship
Saint Mary's	Saint Mary's	8:16.61	5/8-9 MIAC Championship
Carleton	Carleton	8:31.82	5/8-9 MIAC Championship

10

10 entrants

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LONG JUMP

James Ewer	Sr St. Thomas	7.34m (24-1)[-0.1w]	4/17 Tom Cat Twilight
=====	NCAA Automatic	7.30m (23-11 1/2)	
Nick Ward	So Augsburg	7.02m (23-0 1/2)	5/8-9 MIAC Championship
=====	NCAA Provisional	7.00m (22-11 3/4)	
Eric Buss	Sr Saint John's	6.89m (22-7 1/4)	5/8-9 MIAC Championship
Sam Moen	Jr St. Thomas	6.81m (22-4 1/4)	5/8-9 MIAC Championship
Shane Pantila	So Augsburg	6.80m (22-3 3/4)	4/17 Tom Cat Twilight
Rob Floren	Fr Saint John's	6.56m (21-6 1/4)	4/26 Saint John's Invit
Chris Fisette	Sr Saint Mary's	6.56m (21-6 1/4)	4/4 Elmhurst Invitation
Zach Bork	Fr St. Thomas	6.52m (21-4 3/4)	4/9 Meet of Saints
Luke Hvidston	So Concordia Moorhead	6.47m (21-2 3/4)	5/8-9 MIAC Championship
Ryan Doyle	Sr St. Olaf	6.45m (21-2)	4/4 UWRF Invitational

10

Paul Westmark	Sr Concordia Moorhead	6.43m (21-1 1/4)	4/30 MIAC Decathlon
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Martin Andersson	Jr Macalester	6.39m (20-11 3/4)	4/18 Carleton Relays
Felix Okoth	Fr Concordia Moorhead	6.38m (20-11 1/4)[+0.9w]	5/8-9 MIAC Championship
Cameron Roemhildt	Jr St. Thomas	6.34m (20-9 3/4)	3/21 Spring Break Colle
Brayden Wagner	Sr Saint John's	6.32m (20-9)	5/21 NCAA Championships
Chris Golv	So Gustavus	6.32m (20-9)	4/18 Carleton Relays
Emmanuel Marcellino	Fr Augsburg	6.26m (20-6 1/2)[-0.3w]	5/8-9 MIAC Championship
Dan Johnson	So Hamline	6.23m (20-5 1/4)[+0.5w]	5/8-9 MIAC Championship
Chris Bradford	Jr St. Thomas	6.22m (20-5)	4/17 Tom Cat Twilight
DeAndre Dennis	Fr Augsburg	6.21m (20-4 1/2)	4/17 Tom Cat Twilight

20

Dan Maxbauer	So Saint John's	6.20m (20-4 1/4)	4/30 MIAC Decathlon
=====	Last 2008 qualifier	6.16m (20-2 1/2)	
Jeff Bakke	Jr Concordia Moorhead	6.15m (20-2 1/4)	4/22 Cobber Twilight
Tanner Anderson	Fr Concordia Moorhead	6.15m (20-2 1/4)[+0.0w]	4/18 UM-Morris
Collin Rust	Jr Gustavus	6.14m (20-1 3/4)	4/18 Carleton Relays
Brendan Gorman	So Saint John's	6.11m (20-0 1/2)	4/26 Saint John's Invit
Seth Norberg	Fr Augsburg	6.07m (19-11)	4/22 Bolstorff Twilight
Joe Bruenjes	Fr Concordia Moorhead	6.02m (19-9)	5/2 Masanz Classic
Matt Dvorak	Fr Gustavus	6.00m (19-8 1/4)[-1.1w]	4/10 Lee Krough Invitat
Ryan Maciej	Jr St. Thomas	5.97m (19-7)	4/30 MIAC Decathlon
Tor Sperling	So Augsburg	5.96m (19-6 3/4)	4/22 Bolstorff Twilight

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Marly Simmons	Jr Concordia Moorhead	5.95m (19-6 1/4)[+3.9w]	5/12 Gregory Invite
Jake Peymann	So Gustavus	5.95m (19-6 1/4)[+0.6w]	4/25 Drake Alternative
Turner Tracy	So Saint John's	5.95m (19-6 1/4)	4/9 Meet of Saints
Paul Shol	Sr Concordia Moorhead	5.93m (19-5 1/2)[+2.0w]	4/22 Drake Decathlon
Nick Hutchinson	Jr Hamline	5.91m (19-4 3/4)	4/10 Lee Krough Invite
Carl Stenoien	So Gustavus	5.90m (19-4 1/4)	5/1 MIAC Decathlon
Tom Memmen	Sr St. Thomas	5.90m (19-4 1/4)	5/2 UMD Triangular
Ryan Chapman	Sr St. Thomas	5.90m (19-4 1/4)	4/9 Meet of Saints
Joe Rohlfing	Jr St. Thomas	5.86m (19-2 3/4)	4/4 Wartburg Select Mee
Tyler Spiczka	Fr Concordia Moorhead	5.83m (19-1 1/2)	4/25 Al Cassell Relays

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Carson Smith	So Gustavus	5.82m (19-1 1/4)[+0.3w]	5/2 Meet of the UnSaint
Nik Hawley	Fr Hamline	5.82m (19-1 1/4)	4/4 Hamline Invitationa
Ben Loonan	Sr Saint John's	5.80m (19-0 1/2)	4/30 MIAC Decathlon
Mike Fredrickson	Jr Bethel	5.80m (19-0 1/2)	4/4 Central Invitationa
Chris Hartman	Sr Saint John's	5.78m (18-11 3/4)	4/13 SJU Decathlon
David Rynda	Sr Saint John's	5.74m (18-10)[+1.2w]	4/4 Hamline Invitationa
Ben Bursaw	Fr Bethel	5.73m (18-9 3/4)	4/4 Central Invitationa
Tom Mammen	Fr Concordia Moorhead	5.66m (18-7)[+0.0w]	4/18 UM-Morris
Josh Allen	Fr Bethel	5.58m (18-3 3/4)	4/18 Carleton Relays
Tom Joyce	So Saint John's	5.53m (18-1 3/4)	4/26 Saint John's Invit

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Aaron Stolte	Fr Saint John's	5.51m (18-1)	3/28 SJU Invitational
Amechi Ochiagha	So Augsburg	5.49m (18-0 1/4)	4/4 Hamline Invitationa
Adam Horkey	Jr Augsburg	5.48m (17-11 3/4)	3/14 SCIAC Top 4 Meet
Mark Scheer	Jr Gustavus	5.42m (17-9 1/2)[+1.1w]	4/10 Lee Krough Invitat
Mike Bollin	Jr Gustavus	5.36m (17-7)[+1.8w]	4/25 Drake Alternative
Mark Stockhowe	So Bethel	5.35m (17-6 3/4)	4/4 Central Invitationa
Tim Erkel	So Macalester	5.30m (17-4 3/4)	4/22 Bolstorff Twilight
Jon Danyo	So Hamline	5.30m (17-4 3/4)	4/4 Hamline Invitationa
Joe Holman	Sr Saint Mary's	5.28m (17-4)	4/25 Drake Alternate
Matt Johnson	Fr St. Olaf	5.18m (17-0)	4/30 MIAC Decathlon

60

John Olsen	So Bethel	4.97m (16-3 3/4)	4/4 Central Invitationa
David Beery	Fr Concordia Moorhead	3.69m (12-1 1/4)	4/26 St. John's Invite

62 entrants

100 | 200 | 400 | 800 | 1500 | 3000 | 5000 | 10000 | 110H | 400H
STEEP | 4X100 | 4X400 | 4X800 | LJ | TJ | SP | DT | HT | JT
HJ | PV | DEC | Top

TRIPLE JUMP

=====	NCAA Automatic	14.80m (48-6 3/4)	
Eric Buss	Sr Saint John's	14.78m (48-6)[+1.4w]	5/23 NCAA Championships
=====	NCAA Provisional	14.20m (46-7 1/4)	

Shane Pantila	So Augsburg	14.15m (46-5 1/4)	4/4 Hamline Invitationa
Felix Okoth	Fr Concordia Moorhead	13.80m (45-3 1/2)[+2.1w]	5/8-9 MIAC Championship
Emmanuel Marcellino	Fr Augsburg	13.45m (44-1 1/2)[+2.1w]	5/8-9 MIAC Championship
Rob Floren	Fr Saint John's	13.44m (44-1 1/4)[+0.9w]	5/8-9 MIAC Championship
Cameron Roemhildt	Jr St. Thomas	13.25m (43-5 3/4)[-1.1w]	4/22 Bolstorff Twilight
Seth Norberg	Fr Augsburg	13.21m (43-4 1/4)	5/8-9 MIAC Championship
Dan Johnson	So Hamline	13.21m (43-4 1/4)[-0.1w]	5/8-9 MIAC Championship
Ben Johnson	Fr Hamline	13.20m (43-3 3/4)	4/10 Lee Krough Invite
Tyler Etheridge	Jr Saint John's	12.86m (42-2 1/4)	5/2 MSU Moorhead Ron Ma
10			
Joe Bruenjes	Fr Concordia Moorhead	12.82m (42-0 3/4)[+1.3w]	5/8-9 MIAC Championship
Tom Joyce	So Saint John's	12.77m (41-10 3/4)[+1.7w]	5/8-9 MIAC Championship
Collin Rust	Jr Gustavus	12.73m (41-9 1/4)	4/18 Carleton Relays
Jason Sather	Jr Concordia Moorhead	12.72m (41-8 3/4)[+0.0w]	4/22 Cobber Twilight
Tor Sperling	So Augsburg	12.56m (41-2 1/2)[+0.4w]	5/8-9 MIAC Championship
Carl Stenoien	So Gustavus	12.51m (41-0 1/2)[+1.1w]	5/8-9 MIAC Championship
David Rynda	Sr Saint John's	12.49m (40-11 3/4)[+1.5w]	5/8-9 MIAC Championship
Darrin Hall	Fr St. Thomas	12.36m (40-6 3/4)	4/17 Tom Cat Twilight
Jeremy Sunderland	Jr Hamline	12.30m (40-4 1/4)	5/2 Unsaintly
=====	Last 2008 qualifier	12.24m (40-2)	
Jon Danyo	So Hamline	11.88m (38-11 3/4)	4/22 Bolstorff Twilight
20			
Wayne Felton	Fr Gustavus	11.42m (37-5 3/4)[+1.5w]	5/2 Meet of the UnSaint
Aaron Stolte	Fr Saint John's	11.14m (36-6 3/4)	3/28 SJU Invitational
Mark Scheer	Jr Gustavus	10.55m (34-7 1/2)	4/25 Drake Alternative
23 entrants			

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [110H](#) | [400H](#)
[STEEP](#) | [4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#)
[HJ](#) | [PV](#) | [DEC](#) | [Top](#)

SHOT PUT

John Schantzen	Jr St. Olaf	17.17m (56-4)	5/2 Meet of the Unsaint
=====	NCAA Automatic	17.00m (55-9 1/4)	
Derall King	So Hamline	16.30m (53-5 3/4)	4/4 Hamline Invitationa
William Oehlers	Sr Concordia Moorhead	15.45m (50-8 1/4)	4/26 St. John's Invite
=====	NCAA Provisional	15.45m (50-8 1/4)	
Brennan McKeag	Fr Hamline	15.29m (50-2)	5/2 Unsaintly
Brian Anderson	Jr Gustavus	15.19m (49-10)	5/8-9 MIAC Championship
Josh Blaschko	So Hamline	14.75m (48-4 3/4)	5/8-9 MIAC Championship
Griffin Hayes	So Saint John's	14.61m (47-11 1/4)	5/8-9 MIAC Championship
Nick Bircherm	Sr Concordia Moorhead	14.35m (47-1)	4/22 Cobber Twilight
Derek Peterson	Jr Hamline	14.25m (46-9)	4/18 Carleton Relays
Devin Dirth	Fr St. Thomas	14.06m (46-1 1/2)	4/24 Kip Javrin Open
10			
Nick Davis	Jr Gustavus	13.76m (45-1 3/4)	5/8-9 MIAC Championship
Blake Springman	So Hamline	13.75m (45-1 1/2)	4/10 Lee Krough Invite
Matt Benson	Fr Gustavus	13.71m (44-11 3/4)	5/8-9 MIAC Championship
Wade Powers	Fr Saint John's	13.47m (44-2 1/2)	4/4 Hamline Invitationa
Nate Bell	Jr Hamline	13.45m (44-1 1/2)	5/8-9 MIAC Championship
Tim Juba	So Saint John's	13.41m (44-0)	5/8-9 MIAC Championship
Josh Groll	Jr Augsburg	13.40m (43-11 3/4)	4/17 Tom Cat Twilight
Giles Henry	So Concordia Moorhead	13.15m (43-1 3/4)	4/25 Al Cassell Relays
=====	Last 2008 qualifier	13.05m (42-9 3/4)	
Chad Vandergriff	Fr St. Thomas	13.00m (42-8)	4/17 Tom Cat Twilight
Cory Tutewohl	So St. Olaf	12.98m (42-7)	4/4 UWRF Invitational
20			
Zeke Heydenreich	Sr St. Olaf	12.90m (42-4)	5/2 Meet of the Unsaint
Thomas Anderson	Jr Bethel	12.74m (41-9 3/4)	4/22 Bolstorff Twilight
Mitch Elliott	Fr Bethel	12.61m (41-4 1/2)	4/22 Bolstorff Twilight
Derek Wherley	Jr Saint Mary's	12.56m (41-2 1/2)	4/17 Phil Esten Challen
Justyn Helgeson	Jr St. Thomas	12.28m (40-3 1/2)	4/9 Meet of Saints
Paul Shol	Sr Concordia Moorhead	12.19m (40-0)	4/30 MIAC Decathlon
Aaron Thauwald	Fr Gustavus	11.90m (39-0 1/2)	4/4 Central Invite
Dane Mellgren	Fr Gustavus	11.88m (38-11 3/4)	4/10 Lee Krough Invitat
Kevin Hein	Jr Saint Mary's	11.75m (38-6 3/4)	5/1 Central Open
Marly Simmons	Jr Concordia Moorhead	11.69m (38-4 1/4)	4/30 MIAC Decathlon

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Paul Westmark	Sr Concordia Moorhead	11.60m (38-0 3/4)	4/30 MIAC Decathlon
Sam Porter	Fr Bethel	11.60m (38-0 3/4)	3/21 PNLU
Kevin Conlon	So Saint John's	11.39m (37-4 1/2)	4/4 Hamline Invitationa
Matt Johnson	Fr St. Olaf	11.38m (37-4)	4/28 Rolex Classic
Brayden Wagner	Sr Saint John's	11.36m (37-3 1/4)	5/21 NCAA Championships
Anthony Jackson	Fr St. Olaf	11.21m (36-9 1/2)	4/4 UWRF Invitational
Nik Hawley	Fr Hamline	11.21m (36-9 1/2)	4/4 Hamline Invitational
Aaron Storsved	Fr Bethel	11.15m (36-7)	4/22 Bolstorff Twilight
Ryan Doyle	Sr St. Olaf	10.84m (35-6 3/4)	4/30 MIAC Decathlon
Travis Wayne	Fr Gustavus	10.82m (35-6)	4/25 Drake Alternative

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Jeff Bakke	Jr Concordia Moorhead	10.81m (35-5 3/4)	4/30 MIAC Decathlon
Sean Dawson	Sr St. Olaf	10.68m (35-0 1/2)	4/28 Rolex Classic
Ben Loonan	Sr Saint John's	10.62m (34-10 1/4)	4/30 MIAC Decathlon
Aaron Maurer	So Carleton	10.52m (34-6 1/4)	4/4 Hamline Invite
Caleb Giesen	Fr Concordia Moorhead	10.28m (33-8 3/4)	4/22 Cobber Twilight
Dan Maxbauer	So Saint John's	10.20m (33-5 3/4)	4/30 MIAC Decathlon
Ryan Maciej	Jr St. Thomas	10.13m (33-3)	4/30 MIAC Decathlon
Andrew Raske	Jr Concordia Moorhead	9.63m (31-7 1/4)	4/10 Lee Krough
Logan Neal	So Concordia Moorhead	9.33m (30-7 1/2)	4/25 Al Cassell Relays
Chris Hartman	Sr Saint John's	8.93m (29-3 3/4)	4/13 SJU Decathlon

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Carl Stenoien	So Gustavus	8.55m (28-0 3/4)	4/25 Drake Alternative
David Rynda	Sr Saint John's	8.02m (26-3 3/4)	4/30 MIAC Decathlon
Joe Holman	Sr Saint Mary's	7.92m (26-0)	4/17 Phil Esten Challen

53 entrants

100 | 200 | 400 | 800 | 1500 | 3000 | 5000 | 10000 | 110H | 400H
STEER | 4X100 | 4X400 | 4X800 | LJ | TJ | SP | DT | HT | JT
HJ | PV | DEC | Top

DISCUS THROW

=====	NCAA Automatic	51.50m (168-11)	
Griffin Hayes	So Saint John's	49.15m (161-3)	5/14 LaCrosse Qualifier
=====	NCAA Provisional	47.00m (154-2)	
Andy Norman	So Hamline	45.91m (150-7)	5/2 Unsaintly
Derek Peterson	Jr Hamline	45.81m (150-3)	5/2 Unsaintly
Giles Henry	So Concordia Moorhead	45.42m (149-0)	4/18 UM-Morris
Nick Birchem	Sr Concordia Moorhead	44.82m (147-0)	4/22 Cobber Twilight
Kevin Hein	Jr Saint Mary's	44.50m (146-0)	5/8-9 MIAC Championship
Andrew Brueggan	So St. Thomas	43.67m (143-3)	4/4 Wartburg Select Mee
Wade Powers	Fr Saint John's	43.42m (142-5)	5/2 MSU Moorhead Ron Ma
Aaron Thauwald	Fr Gustavus	42.96m (140-11)	5/2 Meet of the UnSaint
Nik Hawley	Fr Hamline	42.85m (140-7)	5/2 Unsaintly

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Derall King	So Hamline	42.59m (139-8)	5/8-9 MIAC Championship
Tim Juba	So Saint John's	42.46m (139-4)	5/8-9 MIAC Championship
Blake Springman	So Hamline	42.04m (137-11)	4/18 Carleton Relays
William Oehlers	Sr Concordia Moorhead	41.90m (137-5)	5/8-9 MIAC Championship
Mitch Elliott	Fr Bethel	41.61m (136-6)	4/18 Carleton Relays
Zeke Heydenreich	Fr St. Olaf	40.97m (134-5)	5/2 Meet of the Unsaint
Derek Wherley	Jr Saint Mary's	40.83m (133-11)	4/17 Phil Esten Challen
Josh Blaschko	So Hamline	40.56m (133-1)	5/2 Unsaintly
Nick Davis	Jr Gustavus	40.13m (131-8)	4/18 Carleton Relays
Andrew Schlicting	Fr Hamline	39.91m (130-11)	4/18 Carleton Relays

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Cory Tutewohl	So St. Olaf	39.79m (130-6)	4/28 Rolex Classic
Brennan McKeag	Fr Hamline	39.28m (128-10)	4/26 St. Johns Sunday
=====	Last 2008 qualifier	39.08m (128-2)	
Devin Dirth	Fr St. Thomas	39.03m (128-0)	5/2 UMD Triangular
Matt Benson	Fr Gustavus	39.03m (128-0)	5/2 Meet of the UnSaint
Bryan Olver	Jr Saint John's	37.92m (124-5)	5/2 MSU Moorhead Ron Ma
Thomas Anderson	Jr Bethel	37.36m (122-7)	5/2 Dakota Relays
Dane Mellgren	Fr Gustavus	37.11m (121-9)	4/18 Carleton Relays
Marly Simmons	Jr Concordia Moorhead	36.28m (119-0)	5/13 Gregory Invite
John Schantzen	Jr St. Olaf	35.77m (117-4)	4/28 Rolex Classic

Fergus Gavin 30	Fr Hamline	35.67m (117-0)	4/22 Bolstorff Twilight
Travis Wayne	Fr Gustavus	35.05m (115-0)	5/2 Meet of the UnSaint
Chase Burtis	So Saint John's	34.87m (114-5)	4/22 Bolstorff Twilight
Lee Noble	So Macalester	33.85m (111-0)	4/18 Carleton Relays
Dan Anderson	Fr Hamline	33.26m (109-1)	5/2 Unsaintly
Jeff Bakke	Jr Concordia Moorhead	33.14m (108-9)	5/1 MIAC Decathlon
Aaron Storsved	Jr Bethel	33.08m (108-6)	4/22 Bolstorff Twilight
Paul Shol	Sr Concordia Moorhead	32.65m (107-1)	5/2 Masanz Classic
Matt Johnson	Fr St. Olaf	32.61m (107-0)	4/28 Rolex Classic
Brayden Wagner	Sr Saint John's	31.84m (104-5)	5/22 NCAA Championshiop
Caleb Giesen 40	Fr Concordia Moorhead	31.68m (103-11)	4/22 Cobber Twilight
Sean Dawson	Sr St. Olaf	31.59m (103-7)	4/28 Rolex Classic
Mark Stice	Fr Gustavus	31.30m (102-8)	4/18 Carleton Relays
Paul Westmark	Sr Concordia Moorhead	31.00m (101-8)	5/1 MIAC Decathlon
Andrew Raske	Jr Concordia Moorhead	30.72m (100-9)	4/10 Lee Krough
Carl Stenoien	So Gustavus	30.32m (99-6)	5/1 MIAC Decathlon
Wade Miller	Sr Macalester	30.17m (98-11)	4/4 Hamline Invite
Logan Neal	So Concordia Moorhead	29.92m (98-2)	4/22 Cobber Twilight
Anthony Jackson	Fr St. Olaf	29.70m (97-5)	4/4 UWRF Invitational
Ryan Doyle	Sr St. Olaf	29.61m (97-1)	4/28 Rolex Classic
Kevin Conlon 50	So Saint John's	29.28m (96-1)	3/28 SJU Invitational
Brian Burseth	Sr St. Olaf	28.85m (94-8)	4/18 Carleton Relays
Ryan Maciej	Jr St. Thomas	28.20m (92-6)	4/14 SJU Decathalon
Sam Porter	Fr Bethel	27.79m (91-2)	4/22 Bolstorff Twilight
Chris Hartman	Sr Saint John's	27.73m (90-11)	4/14 SJU Decathlon
Jon Raberg	Fr Carleton	27.29m (89-6)	4/28 Rolex Classic
Dan Maxbauer	So Saint John's	26.76m (87-9)	5/1 MIAC Decathlon
Ben Loonan	Sr Saint John's	26.35m (86-5)	5/1 MIAC Decathlon
Felix Okoth	Fr Concordia Moorhead	25.90m (85-0)	4/10 Gustavus
Aaron Maurer	So Carleton	23.32m (76-6 1/4)	4/28 Rolex Classic
David Rynda 60	Sr Saint John's	22.90m (75-1 3/4)	5/1 MIAC Decathlon
Joe Holman	Sr Saint Mary's	21.80m (71-6 1/4)	4/25 Drake Alternate
61 entrants			

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [110H](#) | [400H](#)
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HAMMER THROW

=====	NCAA Automatic	57.00m (187-0)	
Andrew Brueggan	So St. Thomas	56.58m (185-7)	5/2 UMD Triangular
Aaron Wilkerson	Jr Hamline	53.84m (176-8)	5/8-9 MIAC Championship
Andy Norman	So Hamline	52.58m (172-6)	5/8-9 MIAC Championship
=====	NCAA Provisional	52.00m (170-7)	
Brian Anderson	Jr Gustavus	50.98m (167-3)	5/2 Meet of the UnSaint
Andrew Schlicting	Fr Hamline	50.20m (164-8)	5/2 Unsaintly
Tim Juba	So Saint John's	50.15m (164-6)	5/8-9 MIAC Championship
Nate Bell	Jr Hamline	49.95m (163-10)	5/2 Unsaintly
Shane Pantila	So Augsburg	49.51m (162-5)	5/8-9 MIAC Championship
Griffin Hayes	So Saint John's	48.70m (159-9)	5/8-9 MIAC Championship
Zeke Heydenreich 10	Sr St. Olaf	46.15m (151-5)	5/8-9 MIAC Championship
John Schantzen	Jr St. Olaf	44.65m (146-6)	5/8-9 MIAC Championship
Josh Groll	Jr Augsburg	44.52m (146-1)	4/10 Lee Krough Invitat
Blake Springman	So Hamline	43.69m (143-4)	5/8-9 MIAC Championship
Brennan McKeag	Fr Hamline	43.25m (141-10)	4/26 St. Johns Sunday
=====	Last 2008 qualifier	42.40m (139-1)	
Derall King	So Hamline	42.22m (138-6)	5/8-9 MIAC Championship
Mitch Elliott	Fr Bethel	41.90m (137-5)	5/8-9 MIAC Championship
Wade Miller	Sr Macalester	41.62m (136-6)	5/8-9 MIAC Championship
Travis Wayne	Fr Gustavus	38.94m (127-9)	5/8-9 MIAC Championship
Cory Tutewohl	So St. Olaf	37.83m (124-1)	4/28 Rolex Classic
Dan Anderson	Fr Hamline	37.33m (122-5)	4/26 St. Johns Sunday

20			
Sam Porter	Fr Bethel	37.20m (122-0)	4/22 Bolstorff Twilight
Mark Stice	Fr Gustavus	37.04m (121-6)	4/10 Lee Krough Invitat
Justyn Helgeson	Jr St. Thomas	36.77m (120-7)	5/2 UMD Triangular
Lee Noble	So Macalester	36.77m (120-7)	4/22 Bolstorff Twilight
Derek Wherley	Jr Saint Mary's	36.32m (119-2)	5/1 Central Open
Aaron Storsved	Fr Bethel	34.78m (114-1)	5/2 Dakota Relays
Aaron Thauwald	Fr Gustavus	34.49m (113-2)	4/4 Central Invite
Fergus Gavin	Fr Hamline	32.76m (107-6)	5/2 Unsaintly
Aaron Maurer	So Carleton	32.15m (105-5)	4/28 Rolex Classic
Thomas Anderson	Jr Bethel	31.69m (103-11)	5/2 Dakota Relays

30			
Wade Powers	Fr Saint John's	31.37m (102-11)	4/9 Meet of Saints
Sean Dawson	Sr St. Olaf	30.64m (100-6)	4/28 Rolex Classic
Andrew Raske	Jr Concordia Moorhead	21.27m (69-9 1/2)	4/25 Al Cassell Relays
James Flaa	Jr Concordia Moorhead	19.66m (64-6)	4/25 Al Cassell Relays
34 entrants			

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [110H](#) | [400H](#)
[STEEP](#) | [4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#)
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JAVELIN THROW

=====	NCAA Automatic	62.50m (205-1)	
=====	NCAA Provisional	57.50m (188-8)	
Chad Arlt	Sr Gustavus	56.38m (185-0)	4/25 Drake Alternative
John Hanks	Sr Carleton	56.11m (184-1)	5/8-9 MIAC Championship
Thomas Flynn	Sr Concordia Moorhead	55.55m (182-3)	5/8-9 MIAC Championship
Jeff Bakke	Jr Concordia Moorhead	54.87m (180-0)	5/8-9 MIAC Championship
Tyler Geyen	Sr Gustavus	52.61m (172-7)	5/8-9 MIAC Championship
Peter Usset	So Hamline	51.02m (167-5)	5/8-9 MIAC Championship
Dave Schutt	So Gustavus	50.83m (166-9)	4/25 Drake Alternative
Caleb Giesen	Fr Concordia Moorhead	49.94m (163-10)	4/25 Al Cassell Relays
Chase Burtis	So Saint John's	49.89m (163-8)	4/4 Hamline Invitationa
Nick Birchem	Sr Concordia Moorhead	49.81m (163-5)	4/10 Gustavus

10			
Paul Shol	Sr Concordia Moorhead	49.70m (163-1)	5/8-9 MIAC Championship
Marly Simmons	Jr Concordia Moorhead	49.09m (161-0)	4/18 UM-Morris
Nick Cesarek	Sr Carleton	48.82m (160-2)	3/19 Walt Disney Invite
Brayden Wagner	Sr Saint John's	48.46m (159-0)	5/22 NCAA Championshiop
Ryan Maciej	Jr St. Thomas	48.01m (157-6)	4/14 SJU Decathlon
Dusty Clintsman	Sr Saint John's	47.79m (156-9)	5/8-9 MIAC Championship
Rob Monson	Sr Hamline	47.69m (156-5)	5/2 Unsaintly
Andrew Raske	Jr Concordia Moorhead	46.62m (152-11)	4/25 Al Cassell Relays
David Young	So Gustavus	45.94m (150-9)	4/18 Carleton Relays
Derek Notch	So Gustavus	45.54m (149-5)	5/2 Meet of the UnSaint

20			
Morgan Scheper	Fr Hamline	45.41m (148-11)	5/2 Unsaintly
Trevor Davis	Fr Hamline	45.02m (147-8)	4/18 Carleton Relays
James Flaa	Jr Concordia Moorhead	44.66m (146-6)	5/2 Masanz Classic
Reed Mainquist	Fr St. Thomas	44.62m (146-5)	5/2 Meet of the Unsaint
Dan Thorson	Fr Concordia Moorhead	44.37m (145-7)	4/25 Al Cassell Relays
Ryan Wockenfus	So Saint Mary's	44.13m (144-9)	5/1 Central Open
Matt Johnson	Fr St. Olaf	43.72m (143-5)	4/30 MIAC Decathlon
=====	Last 2008 qualifier	43.41m (142-5)	
Ac Clouthier	Jr St. Thomas	42.85m (140-7)	4/9 Meet of Saints
Devin Swanberg	Sr Hamline	42.83m (140-6)	4/10 Lee Krough Invite
Dan Maxbauer	So Saint John's	42.38m (139-0)	5/1 MIAC Decathlon

30			
Devin Dirth	Fr St. Thomas	41.32m (135-7)	4/17 Tom Cat Twilight
Jason Anderson	Sr St. Olaf	40.30m (132-3)	4/28 Rolex Classic
Mitch Elliott	Fr Bethel	40.24m (132-0)	4/22 Bolstorff Twilight
Robert Wakeley	Fr Carleton	39.97m (131-1)	4/28 Rolex Classic
Ben Millmann	Sr St. Thomas	39.15m (128-5)	4/17 Tom Cat Twilight
Brennan Cassidy	So Hamline	38.71m (127-0)	4/4 Hamline Invitationa
Ben Loonan	Sr Saint John's	38.48m (126-3)	5/1 MIAC Decathlon
Justin Helps	Jr Gustavus	38.25m (125-6)	4/25 Drake Alternative

Nik Hawley	Fr Hamline	38.00m (124-8)	4/10 Lee Krough Invite
Mark Skoglund	Fr Carleton	37.28m (122-4)	4/28 Rolex Classic
40			
Paul Westmark	Sr Concordia Moorhead	37.26m (122-3)	5/1 MIAC Decathlon
Nick Smith	Sr Carleton	37.20m (122-0)	4/18 Carleton Relays
Colin Owens	So Saint John's	36.66m (120-3)	3/28 SJU Invitational
Jon Raberg	Fr Carleton	35.96m (118-0)	4/28 Rolex Classic
Sam Porter	Fr Bethel	35.67m (117-0)	4/22 Bolstorff Twilight
Ben Fraase	Fr Concordia Moorhead	35.15m (115-4)	4/22 Cobber Twilight
Ryan Doyle	Sr St. Olaf	34.80m (114-2)	4/22 Bolstorff Twilight
Dylan Bothun	So Carleton	34.45m (113-0)	4/4 Hamline Invite
Mark Geskermann	So St. Thomas	34.26m (112-5)	4/17 Tom Cat Twilight
Tom Loonan	So Saint John's	34.08m (111-10)	4/4 Hamline Invitationa
50			
Aaron Storsved	Fr Bethel	32.72m (107-4)	4/4 Central Invitationa
Chris Hartman	Sr Saint John's	32.53m (106-8)	4/14 SJU Decathlon
Joe Holman	Sr Saint Mary's	30.97m (101-7)	4/25 Drake Alternate
Andrew Overson	So Concordia Moorhead	30.76m (100-11)	4/10 Gustavus
David Green	Sr St. Olaf	29.66m (97-4)	4/28 Rolex Classic
Carl Stenoien	So Gustavus	29.27m (96-0)	5/1 MIAC Decathlon
Evan Johnson	Fr Carleton	27.69m (90-10)	4/28 Rolex Classic
David Williams	So Hamline	22.64m (74-3 1/2)	4/18 Carleton Relays
David Rynda	Sr Saint John's	21.37m (70-1 1/2)	4/14 SJU Decathlon

59 entrants

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HIGH JUMP

=====	NCAA Automatic	2.11m (6-11)	
Jay Quick	So Bethel	2.05m (6-8 3/4)	4/10 Lee Krough Invitat
=====	NCAA Provisional	2.02m (6-7 1/2)	
Eric Buss	Sr Saint John's	1.96m (6-5)	5/8-9 MIAC Championship
Jake Murphy	So Bethel	1.93m (6-4)	5/8-9 MIAC Championship
Ryan Doyle	Sr St. Olaf	1.93m (6-4)	5/8-9 MIAC Championship
Joe Rohlfing	Jr St. Thomas	1.91m (6-3 1/4)	4/22 Bolstorff Twilight
Ben Bursaw	Fr Bethel	1.91m (6-3 1/4)	4/22 Bolstorff Twilight
Eric Atherton	Jr Bethel	1.90m (6-2 3/4)	5/2 Dakota Relays
Jake Peymann	So Gustavus	1.88m (6-2)	5/8-9 MIAC Championship
Josh Allen	Fr Bethel	1.88m (6-2)	5/8-9 MIAC Championship
Brian Pink	Sr St. Thomas	1.88m (6-2)	5/8-9 MIAC Championship
10			
Ryan Maciej	Jr St. Thomas	1.87m (6-1 1/2)	4/30 MIAC Decathlon
Devin Swanberg	Sr Hamline	1.86m (6-1 1/4)	4/22 Bolstorff Twilight
Brayden Wagner	Sr Saint John's	1.85m (6-0 3/4)	5/21 NCAA Championships
Mike Fredrickson	Jr Bethel	1.83m (6-0)	4/18 Carleton Relays
Jonah Shermer	Sr St. Thomas	1.83m (6-0)	4/9 Meet of Saints
Chris Golv	So Gustavus	1.82m (5-11 1/2)	4/10 Lee Krough Invitat
Paul Shol	Sr Concordia Moorhead	1.81m (5-11 1/4)	4/30 MIAC Decathlon
=====	Last 2008 qualifier	1.81m (5-11 1/4)	
Dan Thorson	Fr Concordia Moorhead	1.80m (5-10 3/4)	5/2 Masanz Classic
Carl Hipp	So Hamline	1.80m (5-10 3/4)	4/26 St. Johns Sunday
Matt Reeve	So Saint John's	1.80m (5-10 3/4)	4/4 Hamline Invitationa
20			
Cameron Roemhildt	Jr St. Thomas	1.80m (5-10 3/4)	3/21 Spring Break Colle
Dan Maxbauer	So Saint John's	1.78m (5-10)	4/30 MIAC Decathlon
Caleb Giesen	Fr Concordia Moorhead	1.78m (5-10)	4/22 Cobber Twilight
Carl Stenoien	So Gustavus	1.78m (5-10)	4/18 Carleton Relays
Guy Priem	Fr St. Thomas	1.78m (5-10)	4/9 Meet of Saints
Turner Tracy	So Saint John's	1.77m (5-9 3/4)	3/28 SJU Invitational
Paul Westmark	Sr Concordia Moorhead	1.75m (5-8 3/4)	4/30 MIAC Decathlon
Stephen Johnson	Fr Saint John's	1.75m (5-8 3/4)	4/4 Hamline Invitationa
Cole Resleff	Fr Saint Mary's	1.73m (5-8)	5/1 Central Open
Cody Allen	So St. Olaf	1.73m (5-8)	4/28 Rolex Classic
30			
Nick Smith	Sr Carleton	1.73m (5-8)	4/18 Carleton Relays

Paul Ranum	So St. Olaf	1.68m (5-6)	4/9 Meet of Saints
Marly Simmons	Jr Concordia Moorhead	1.65m (5-5)	5/12 Gregory Invite
Jeff Bakke	Jr Concordia Moorhead	1.65m (5-5)	4/26 St. John's Invite
Nick Hutchinson	Jr Hamline	1.65m (5-5)	4/4 Hamline Invitationa
Ben Loonan	Sr Saint John's	1.63m (5-4 1/4)	4/30 MIAC Decathlon
Jon Raberg	Fr Carleton	1.63m (5-4 1/4)	4/28 Rolex Classic
Joe Holman	Sr Saint Mary's	1.59m (5-2 1/2)	4/17 Phil Esten Challen
David Rynda	Sr Saint John's	1.59m (5-2 1/2)	4/13 SJU Decathlon
Matt Johnson	Fr St. Olaf	1.57m (5-1 3/4)	4/30 MIAC Decathlon
40			
Chris Hartman	Sr Saint John's	1.50m (4-11)	4/13 SJU Decathlon
41 entrants			

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POLE VAULT

=====	NCAA Automatic	5.04m (16-6 1/2)	
Brayden Wagner	Sr Saint John's	4.85m (15-11)	4/25 Hillsdale GINA Rel
=====	NCAA Provisional	4.70m (15-5)	
Andrew Norman	So Saint John's	4.65m (15-3)	5/14 North Central Greg
Chris Victor	Jr St. Thomas	4.60m (15-1)	4/25 Drake Alternative
Evan Franco	Jr Carleton	4.44m (14-6 3/4)	5/8-9 MIAC Championship
Anthony Kelly	Jr St. Thomas	4.44m (14-6 3/4)	5/8-9 MIAC Championship
Aaron Laine	So Saint John's	4.29m (14-0 3/4)	5/8-9 MIAC Championship
Ben Michel	Jr St. Thomas	4.25m (13-11 1/4)	4/9 Meet of Saints
Paul Westmark	Sr Concordia Moorhead	4.18m (13-8 1/2)	5/1 MIAC Decathlon
Ryan Blake	Sr St. Thomas	4.15m (13-7 1/4)	4/25 Drake Alternative
Steve Vedders	Jr Bethel	4.15m (13-7 1/4)	4/10 Lee Krough Invitat
10			
Jordan VanDorp	Jr Gustavus	4.14m (13-7)	5/8-9 MIAC Championship
Andy Edmunds	Fr St. Thomas	4.14m (13-7)	5/8-9 MIAC Championship
Peter Erickson	Fr Hamline	4.14m (13-7)	5/8-9 MIAC Championship
Dave Thomas	So St. Thomas	4.10m (13-5 1/4)	4/4 Wartburg Select
=====	Last 2008 qualifier	4.10m (13-5 1/4)	
Dan Thorson	Fr Concordia Moorhead	4.05m (13-3 1/2)	4/22 Cobber Twilight
Andrew Overson	So Concordia Moorhead	4.02m (13-2 1/4)	4/26 St. John's Invite
Carl Stenoien	So Gustavus	3.95m (12-11 1/2)	4/4 Central Invite Deca
Ryan Doyle	Sr St. Olaf	3.88m (12-8 3/4)	4/30 MIAC Decathlon
Nik Hawley	Fr Hamline	3.87m (12-8 1/4)	4/26 St. Johns Sunday
Paul Shol	Sr Concordia Moorhead	3.87m (12-8 1/4)	4/26 St. John's Invite
20			
Remy Anderson	Fr St. Olaf	3.85m (12-7 1/2)	4/18 Carleton Relays
Patrick Peterson	Fr St. Thomas	3.81m (12-6)	5/2 UMD Triangular
Evan Plotz	So St. Olaf	3.75m (12-3 1/2)	5/2 Meet of the Unsaint
Brian Watkins	So Concordia Moorhead	3.75m (12-3 1/2)	4/22 Cobber Twilight
Mark Stockhowe	So Bethel	3.70m (12-1 1/2)	4/10 Lee Krough Invitat
Erik Johnson	So Macalester	3.70m (12-1 1/2)	4/10 Lee Krough Invite
Aj Holmquist	Fr Bethel	3.70m (12-1 1/2)	3/21 PNLU
Ben Loonan	Sr Saint John's	3.68m (12-0 3/4)	5/1 MIAC Decathlon
Dan Maxbauer	So Saint John's	3.65m (11-11 3/4)	4/14 SJU Decathlon
Marly Simmons	Jr Concordia Moorhead	3.58m (11-9)	5/1 MIAC Decathlon
30			
Dan Sorensen	Fr Macalester	3.55m (11-7 3/4)	4/22 Bolstorff Twilight
David Rynda	Sr Saint John's	3.18m (10-5 1/4)	5/1 MIAC Decathlon
Chris Hartman	Sr Saint John's	3.15m (10-4)	4/14 SJU Decathlon
Jeff Bakke	Jr Concordia Moorhead	3.08m (10-1 1/4)	5/1 MIAC Decathlon
Ryan Maciej	Jr St. Thomas	2.95m (9-8)	4/14 SJU Decathlon
Matt Johnson	Fr St. Olaf	2.85m (9-4 1/4)	4/4 UWRF Invitational
36 entrants			

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DECATHLON

Brayden Wagner	Sr Saint John's	6680	5/22 NCAA Championship
=====	NCAA Automatic	6600	
Paul Westmark	Sr Concordia Moorhead	6397	5/8-9 MIAC Championship
Ryan Doyle	Sr St. Olaf	6207	5/8-9 MIAC Championship
Paul Shol	Sr Concordia Moorhead	6190	5/13 Gregory Invite
=====	NCAA Provisional	6050	
Marly Simmons	Jr Concordia Moorhead	5927	5/8-9 MIAC Championship
Jeff Bakke	Jr Concordia Moorhead	5611	5/8-9 MIAC Championship
Dan Maxbauer	So Saint John's	5554	5/8-9 MIAC Championship
Ryan Maciej	Jr St. Thomas	5442	5/8-9 MIAC Championship
Carl Stenoien	So Gustavus	5290	5/8-9 MIAC Championship
Ben Loonan	Sr Saint John's	5079	5/8-9 MIAC Championship
10			
Chris Hartman	Sr Saint John's	4903	4/14 SJU Decathlon
Matt Johnson	Fr St. Olaf	4498	5/8-9 MIAC Championship
David Rynda	Sr Saint John's	4283	5/8-9 MIAC Championship
Joe Holman	Sr Saint Mary's	4053	5/8-9 MIAC Championship
14 entrants			

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